LEAFS NEED TO SHOOT FOR SUPERSTAR, PG 23

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Entertainment

Richardson succumbs to ski injuries
pg 40

Witch hunt terrorizes country

AFRICA Authorities in Gambia have rounded up about 1,000 people and forced them to drink hallucinogens in a witch-hunting campaign that is terrorizing the tiny West African country, an international rights group said yesterday.

Amnesty International called on the government of President Yahya Jammeh, who seized power in a 1994 coup and has claimed he can cure AIDS, to halt the campaign and bring those responsible to justice.

Authorities began inviting "witch doctors," who combat witches, to come from nearby Guinea soon after the death earlier this year of the president's aunt.

THE ASSOCIATED PRESS

Riding the Recession

Looking for ways to save money and ride out the economic storm? Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

• Food

Some tips for brown-bagging lunches, pg 33, and local meals for a steal, pg 32

• Tomorrow

Entertainment – How the recession is changing the musical landscape for fans, music publications and even TV.

Britney Circus comes to Toronto

SAUL PORTO/TOP NEWS

Britney Spears performs last night at the Air Canada Centre. Spears was in Toronto during her Circus tour and plays another show tonight. For the concert review, see page 38.

Marin miffed

Calls Ontario government 'morally repugnant'

Ontario's ombudsman says parents of special-needs children are still being asked to give up custody to get their kids the treatment they need, but the provincial government insists it's keeping a promise to stop the practice.

Ombudsman Andre Marin issued a special report in 2005 criticizing the government for forcing parents to relinquish custody of severely disabled kids to the Children's Aid Society so they could be put into residential care.

The province eventually restored custody to parents of 63 of the 100 children covered in the 2005 report, but Marin said he's received complaints that it's happening again, to at least another 19 Ontario families.

"We've been able to resolve two of them, cutting it off at the pass as they were in the process of handing over their kids to the CAS," Marin said in an interview yesterday.

"It's the most morally repugnant thing that I could possibly imagine a government doing."

THE CANADIAN PRESS

Services

• Children and Youth Services Minister Deb Matthews said her staff is working closely with the ombudsman to ensure no parents are forced to give up custody of their kids just to get the services they need.

Battle over Obama

Obamamania is still raging, and so are tempers among two shop owners on Danforth Avenue

The day Barack Obama was inaugurated as U.S. president, Emmanuel Debass opened a restaurant on Danforth at Greenwood Avenue and named it the Obama Café.

A month later, on Feb. 19, when Obama visited Ottawa, an Internet café two doors away changed its name to Obama Cybernet Limited.

Now Debass, 50, is threatening to sue Angesom Fitsumberhan, 30, his neighbour and owner of the Internet café, if he doesn't revoke the name change. "He's a copycat," said Debass yesterday.

TORSTAR NEWS SERVICE

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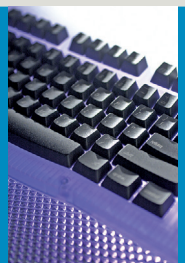
Bail verdict for teen today
A Pickering youth charged in the deaths of two teenagers who were struck by a car after a fight at an Ajax park will find out today whether he'll be released on bail. The 17-year-old spent the day in Oshawa court yesterday as arguments were made on both sides. METRO NEWS SERVICES

Local



High-tech gets $250M boost

Ontario will set up a $250-million fund this summer to help companies with new technologies that are having trouble finding investors. Research and Innovation Minister John Wilkinson says the money will be spent over five years to create a vibrant venture capital community that will help Ontario companies grow. The Emerging Technologies Fund will match private-sector investments in emerging high-tech businesses and give the Ontario government an interest in companies it supports. THE CANADIAN PRESS

INDEX

Canada Pg 8
World Pg 14
Comment Pg 20
Business Pg 21
Sports Pg 22
Metro Homes Pg 25
Food Pg 32
Style Pg 34
Entertainment Pg 36
TV Listings Pg 42
Celebrity Buzz Pg 44

Tomorrow's Metro

Entertainment

Metro reviews Julia Roberts new flick Duplicity

metronews.ca
What's online today.

Video Prime Minister Harper defends optimistic outlook on economy at **metronews.ca/canada**

Lotteries

Lotto 6/49: 11, 27, 29, 33, 34 & 44 Bonus 36
Ontario 49: 1, 2, 8, 14, 28 & 48 Bonus 44
Ontario Pick 3: 1 8 2; **Ontario Pick 4** : 9 8 9 1
Encore: 9276826
Daily Keno: 1, 5, 6, 10, 12, 14, 22, 25, 32, 33 38, 40, 41, 45, 54, 59, 62, 65, 67, 68
These results are not official.

Rather return to jail

Alleged terrorist protesting bail conditions

A suspected Egyptian terrorist hugged his teary wife goodbye and returned to jail yesterday after his spouse and his stepson told court they could no longer live under release conditions that were tearing their already fractured family apart.

Two years after winning a long battle for bail, the terms of release for Mohammad Mahjoub, which included extensive surveillance by Canada's border police, had simply proven too much to bear, they told Federal Court.

"It's a very difficult time," Mahjoub's wife Mona El-Fouli told the court. "They are punishing our children for having their dad back."

The government alleges Mahjoub, 48, was a ranking member of an Egyptian terrorist group.

He is one of five Muslim foreigners living under national security certificates as threats to public safety. None has been charged with any crime in Canada and much of the evidence against them is secret.

All were granted stringent bail after fighting for years for release. Mahjoub is the first to return to prison rather than live with those release conditions.

THE CANADIAN PRESS

TORSTAR NEWS SERVICE

Mona El Fouli leaves the Federal Court at 180 Queen St. West without her husband Mohammad Mahjoub who will be returning to jail as a protest against restrictive bail conditions.

PM sets out strict rules for Ontario Tory involvement

Prime Minister Stephen Harper has laid out ground rules for any federal Tories thinking of wading into the Ontario Progressive Conservative leadership battle.

With the provincial leadership race showing signs of spilling into the federal arena, sources say the prime minister warned MPs at a caucus meeting last week he did not want to see rifts in the national party.

Harper moved to pre-empt discord as leadership factions were already forming around his own cabinet table: Finance Minister Jim Flaherty's wife, Christine Elliott, is contemplating a run, and at least one other federal minister appears to be backing rival candidate Tim Hudak.

A Harper spokesman would not discuss details of the closed-door talk, but confirmed federal Tories are aware of dos and don'ts.

THE CANADIAN PRESS

Door-to-door

- Member's staff can campaign for candidates, just not on work time.

News in brief

COURT An East Gwillimbury couple accused of running cockfights where specially-bred roosters battled to the death, is to appear in court April 8 with 68 people accused of participating in the bloody sport. Danilo Patawaran, 52, and his wife Deanna Patawaran, 46, were in Newmarket court yesterday on charges of cruelty and illegal betting. TORSTAR NEWS SERVICE

No verdict yet on fate of teenage girl accused of first-degree murder

COURT The fate of a girl accused of relentlessly pressuring her boyfriend to kill 14-year-old Stefanie Rengel is in the hands of a jury of three women and nine men.

They went to their hotel at 7 p.m. yesterday without reaching a verdict after beginning their deliberations in the University Avenue courthouse at 12:17 p.m.

Justice Ian Nordheimer, in his charge, said they must determine if the 17-year-old accused, who can be identified only as M.T., participated in an unlawful agreement with her boyfriend D.B. when she was 15.

If they find she did, to convict her as charged of first-degree murder, they must decide whether she intentionally counselled her then-17-year-old boyfriend in a planned and deliberate killing of the 14-year-old victim, he said.

It is also open to them to find her guilty of the lesser offences of second-degree murder or manslaughter, he said.

"During your discussions, do not hesitate to reconsider your opinions," he told the youth court jury. "Do not give up your honest beliefs, however, just because others think differently."

TORSTAR NEWS SERVICE

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FOUR SEASONS CENTRE FOR THE PERFORMING ARTS

Murder suspect identified as customer of victim

A 26-year-old Toronto man has been charged with the March 12 slaying of scrap metal shop owner Rajeswaren Saravanamuthu. Jawad Hazzanzada will appear in court today on a charge of second-degree murder. A family member of the 39-year-old victim yesterday identified the accused as a customer of the shop, Tiga Metals Inc. **TORSTAR NEWS SERVICE**

Suppliers want subsidies, too

An ongoing dispute over the closure of two auto parts plants in Windsor is further proof the parts industry is on the brink and needs its own bailout, according to the president of the Automotive Parts Manufacturers' Association.

Several parts suppliers have been forced to shut down operations in recent months as the weak economy lowers demand for new vehicles and the parts that go into them.

Gerry Fedchun said closures like these could create a vicious cycle wherein assembly plants are forced to shut down because a key supplier has gone under, thus forcing other suppliers of the plants to cease operations as well.

Fedchun said any assistance would be temporary — enough to get the suppliers through a difficult period until demand bounces back.

Although the governments have promised billions in aid to car companies, no direct aid has been forthcoming for suppliers.

THE CANADIAN PRESS

How much?

- Gary Fedchun said in a letter to the federal and Ontario finance ministers last October that the auto parts industry needs up to $1 billion in immediate short-term loans to help them survive the downturn.

Fashion week **Strutting on the catwalk**

CHRIS YOUNG/THE CANADIAN PRESS

A model shows a creation by designer Cheri Milaney during Toronto Fashion week yesterday.

Workers rally for back pay

DEMONSTRATION The Canadian Auto Workers union held a rally yesterday afternoon at a shuttered parts plant in Windsor to demand the severance and back pay they say they are owed.

Paul Miller, the provincial NDP's economic development critic, demanded that the Ontario government ensure laid-off workers are adequately compensated.

"It's outrageous that these workers are being cheated out of their hard-earned severance, vacation and back pay," said Miller, who spoke at the rally.

THE CANADIAN PRESS

Workplace accidents leave young man dead, another in critical condition

TRAGEDY A pair of industrial accidents in Ontario yesterday left one man dead and another with life-threatening injuries.

In the first accident, a 19-year-old man was killed at a residential construction site in Kanata.

Labour Ministry officials say the man was crushed to death when he became caught between the bucket of a bulldozer and the counterweights of a construction crane.

The ministry was also called to the scene of an accident at a paper recycling plant in Mississauga where a worker's legs were crushed.

Ministry officials say the man was in a bailer cleaning a paper jam when a compacting ram closed on his legs.

He was reportedly airlifted to Sunnybrook hospital in Toronto.

THE CANADIAN PRESS

ShareYourViews
torontoletters@metronews.ca

News in brief

ARREST Police have identified three men accused of an attempted Flemingdon Park home invasion Tuesday that sent the resident to hospital with gunshot wounds in his abdomen. Kush Walker-King, 20, Christopher Abbott, 33, and Lanri Watson, 25, all of Toronto, face multiple theft and weapons charges.

TORSTAR NEWS SERVICE

torontomosaic

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632 Yonge St.
Barrie Power Centre
Georgian Mall (kiosk)
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Downtown Chatham Centre
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Blue Mountain Mall
COOKSTOWN
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CORNWALL
Cornwall Square
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Cloverdale Mall
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Woodbine Centre
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FORT ERIE
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GEORGETOWN
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GODERICH
Suncoast Mall
GUELPH
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Clairfield's Centre
Stone Road Mall
HAMILTON
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Eastgate Square
Lime Ridge Mall
Lloyd D. Jackson Square
HANOVER
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Huntsville Square
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Glenwoods Centre
KINGSTON
Cataraqui Town Centre
Kingston Centre
Taylor Kidd Marketplace
KITCHENER
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Highland Hills Mall
Sunrise Shopping Centre
LEAMINGTON
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8392 Kennedy Rd
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Heartland Power Centre
Mississauga Chinese Centre
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ORLÉANS
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Oshawa Centre
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Lansdowne Place
PICKERING
570 Kingston Rd
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RICHMOND HILL
Elgin Mills Crossing
Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre
SARNIA
531 Murphy Rd
Lambton Mall
SAULT STE. MARIE
270 Bruce St.
Station Mall
SCARBOROUGH
259 Morningside Ave.
Bridlewood Mall (kiosk)
Cedarbrae Mall (kiosk)
Chartwell Shopping Centre
Eglinton Square
Kennedy Commons
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Brookfield Place
Chinatown Centre
College Park
Commerce Court
Dufferin Mall
East York Town Centre
Eaton Centre
Eaton Centre II
Exchange Tower
Gerrard Square
Holt Renfrew Centre
Scotia Plaza
Toronto Life Square
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Man electrocuted
A Toronto man died after receiving a shock while working on a highrise building in the Don Mill Road and Sheppard Avenue East area yesterday. He was pronounced dead at the scene. The province's Ministry of Labour is investigating. TORSTAR NEWS SERVICE

Gun raffle draws fire for Tory MP

A backbench Saskatchewan Conservative MP is coming under fire for speaking to a gun lobby in the Greater Toronto Area next month where a Beretta semi-automatic handgun is being raffled off.

MP Garry Breitkreuz is the guest speaker at the Canadian Shooting Sports Association's annual general meeting and dinner April 18 in Mississauga where he's to be lauded for his private member's bill to abolish Canada's controversial long-gun registry and relax rules on prohibited and restricted weapons.

News of the gun prize drew immediate outrage.

Mayor's office

- A spokesperson for Toronto Mayor David Miller said giving away a handgun is "outrageous, inappropriate and insensitive frankly to all the families of victims of gun crime in Toronto and the GTA." Stuart Green, speaking for the vacationing mayor, said the so-called prize could easily find its way to the streets as many privately-owned handguns do now.

"We have got to be finding ways to get them (handguns) off the streets, not handing them out as prizes," Liberal MP Mark Holland (Ajax-Pickering) said yesterday.

"It really is an insult to a community that has seen so much gun violence and where so many people have been killed … to give that away as a (raffle) prize," Holland said.

The Toronto Star could not reach Breitkreuz, the MP for Yorkton-Melville, or the CSSA, which claims to be very politically active.

The raffle prize of the night is being billed as a special "Canadian Edition" of the Beretta, "the most advanced expression of technological and aesthetic feature in a semiautomatic handgun."

TORSTAR NEWS SERVICE

Driving examiner charged with assaulting woman

INCIDENT A driver examiner is accused of sexually assaulting a 45-year-old woman during her driving test in Burlington.

Officials announced Melvin Jason Button, 36, of Hamilton, has been charged with sexual assault in connection to the incident. He will appear in a Milton courthouse April 22.

Ontario Ministry of Transportation (MTO) spokesperson Bob Nichols said Button was employed by Serco DES Inc., a company that administers road tests province-wide on behalf of the ministry.

Halton police

- The victim was taking her test around 1 p.m. on March 3, said Halton police, when an examiner instructed her to drive to a secluded area. While there, she was sexually assaulted, said police.

"The employee has been instructed not to report to the workplace pending the outcome of the investigation," he said.

Both the MTO and Serco are co-operating fully with police. TORSTAR NEWS SERVICE

Doc danger in surgeries

The surgeon touches an area of exposed flesh with a cauterizing tool for less than a minute, sending up a cloud of noxious smoke that quickly wafts across the room and catches at the eyes and throat.

It is only a demonstration, but the result illustrates the hazard doctors, nurses and even patients can be exposed to during operations that employ lasers and tissue-burning tools.

Known as "plume," the smoke is laden with all manners of potentially toxic substances that can make their way past surgical masks and into the lungs.

DARREN CALABRESE/THE CANADIAN PRESS
A plume scavenging system sits next to Dr. John Semple, chief of surgery at the Women's College Hospital.

"According to one study, exposure to (vapours from) one gram of laser-cut tissue is like smoking three unfiltered cigarettes," said Suzanne Kiraly, president of the Canadian Standards Association, which yesterday released new guidelines for capturing surgical plume.

THE CANADIAN PRESS

Heart surgeon's licence revoked

MEDICINE Toronto cardiologist Dr. Albert Deep has had his licence to practise medicine revoked by the College of Physicians and Surgeons of Ontario for incompetence and professional misconduct.

According to the latest issue of the college's magazine, a college disciplinary committee found last April he risked the lives of his patients. In July, the college ordered his licence revoked and that he pay $47,500 in costs.

Deep, who practised for 40 years, is appealing the decision to Divisional Court. TORSTAR NEWS SERVICE

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Program excludes other replacement parts, fluids, and any "Additional Required Services" as outlined in the Owner's Manual that may be identified during the inspection of the vehicle. See Dealer for details. ‡0% purchase financing available for 72 months available on 2009 Chevrolet Cobalt XFE Coupe or Sedan 1SP. Financing available on approved GMAC credit only. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $10,000 at 0% for 72 months, the monthly payment is $138.89. Cost of borrowing is $0, total obligation is $10,000. Offers are unconditionally interest-free. Freight and taxes are not included for Bi-weekly payments based on a purchase price of $15,098 with $2,350 down payment. 0% purchase financing for 60 months available on all other 2009 models except Chevrolet Corvette, Trailblazer, Tahoe, GM vans, GMT 560 family 2, 3 & 4. Example: $10,000 at 0% for 36/48/60 months, the monthly payment is $277.78/$208.33/$166.67. Cost of borrowing is $0, total obligation is $10,000. Financing available on approved GMAC credit only. Down payment and/or trade may be required. Offers are only available while consumer inventory lasts. Offers may not be combined with other offers. See your dealer for conditions and details. ♢Based on 2009 Natural Resources Canada Fuel Consumption Guide. Your actual fuel consumption may vary. ♦2008 Aveo5 vs. 2009 Aveo5 fuel consumption. Based on GM Testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. ♦Applies to 2009 Cobalt XFE (1AJ37/69). Based on Natural Resources Canada's 2009 Energuide data and GM vehicle segmentation for the Compact Car – Regular segment. Applies to the 2009 HHR LS (1AT46/1AT26). Based on Natural Resources Canada's 2009 Energuide data and GM vehicle segmentation for the Compact Multi Purpose Vehicle Segment. Your actual fuel consumption may vary. ▽GMCL will pay the first two months GMAC finance payments for finance terms up to 60 months only paid up to a maximum monthly finance payment of $400 (tax included). Offer applicable to equal monthly payment finance agreements with GMAC and subject to GMAC credit approval. Visit gmstudentbonus.ca for more details. iPod® is a registered trademark of Apple Inc. ◊US government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program. For more information on safety ratings, go to www.safercar.gov. 2009 Chevrolet HHR received both a 5-star rating for the driver and front passenger in the frontal crash test. ▪"Chevrolet Cobalt SS Coupe with 29U, MSRP $25,825. Chevrolet Aveo5 LS with PG9 and UE1, MSRP $14,720. Chevrolet Cobalt XFE Coupe or Sedan 1SP, Chevrolet Trailblazer LS, GMC Envoy SLE, Chevrolet Aveo5 LS, Chevrolet Colorado 2WD Crew Cab LT, Chevrolet Silverado 1500 Crew Cab LT, Chevrolet Tahoe LT, GMC Yukon SLE, Chevrolet Corvette Coupe and Convertible, Chevrolet Impala LT, Chevrolet Malibu LT, Chevrolet Traverse LT, Buick Enclave CX, Buick LaCrosse CX, Buick Lucerne CX, Buick Regal LS, Buick Regal LS/XL, Buick Regal GS, Buick Regal GS/XL, Buick Regal CXL, Buick Regal CXL/XL, Buick Regal CXL Turbo, Buick Regal CXL Turbo/XL, Buick Regal CXL AWD, Buick Regal CXL AWD/XL, Buick Regal CXL Turbo AWD, Buick Regal CXL Turbo AWD/XL, Buick Regal Premium I, Buick Regal Premium I/XL, Buick Regal Premium II, Buick Regal Premium II/XL, Buick Regal Premium II AWD, Buick Regal Premium II AWD/XL, Buick Regal Premium II Turbo, Buick Regal Premium II Turbo/XL, Buick Regal Premium II Turbo AWD, Buick Regal Premium II Turbo AWD/XL, Buick Regal Premium II eAssist, Buick Regal Premium II eAssist/XL, Buick Regal eAssist, Buick Regal eAssist/XL, Buick Regal Convenience, Buick Regal Convenience/XL, Buick Regal Convenience Turbo, Buick Regal Convenience Turbo/XL, Buick Regal Convenience AWD, Buick Regal Convenience AWD/XL, Buick Regal Convenience Turbo AWD, Buick Regal Convenience Turbo AWD/XL, Buick Regal Convenience eAssist, Buick Regal Convenience eAssist/XL, Buick Regal Base, Buick Regal Base/XL, Buick Regal Base Turbo, Buick Regal Base Turbo/XL, Buick Regal Base AWD, Buick Regal Base AWD/XL, Buick Regal Base Turbo AWD, Buick Regal Base Turbo AWD/XL, Buick Regal Base eAssist, Buick Regal Base eAssist/XL, Buick Regal Limited, Buick Regal Limited/XL, Buick Regal Limited Turbo, Buick Regal Limited Turbo/XL, Buick Regal Limited AWD, Buick Regal Limited AWD/XL, Buick Regal Limited Turbo AWD, Buick Regal Limited Turbo AWD/XL, Buick Regal Limited eAssist, Buick Regal Limited eAssist

Calgary cops found not guilty of assault

Two Calgary police officers accused of beating a homeless man have been found not guilty. Const. Dino Izzo and Const. Roland Stewart were charged in 2007 with assault causing bodily harm. THE CANADIAN PRESS

Canada

B.C. restricts smoking in cars

B.C. residents who smoke in their cars with children present will face a $109 fine under new provincial regulations that take effect next month. Starting April 7, police will have the authority to stop any vehicle if they suspect someone is smoking in the presence of a child under the age of 16. THE CANADIAN PRESS

Harper won't be shaken

PM optimistic about economy despite Bank of Canada comments

Prime Minister Stephen Harper stood his ground yesterday on his forecast for economic recovery, despite a dire prediction by former Bank of Canada governor David Dodge that the global recession will be long and deep.

Dodge made the comments in an interview Tuesday, saying the recession likely won't end later this year and will fundamentally alter capitalism.

Speaking in Toronto, where he made a $10-million funding announcement for young entrepreneurs, Harper repeated earlier remarks that Canada was the last country to enter the global recession and is well positioned for recovery.

"It's not rosy or unrealistic — it is very realistic, but it is not negative and pessimistic and without hope and without policy," Harper said.

Harper has boasted Ottawa will be back in surplus by 2013, but Dodge called that "totally unrealistic."

"We have never seen a period, in my time in public life, where forecasts have been so all over the map and individuals have changed their own forecasts so quickly," Harper said.

The prime minister, without specifically mentioning Dodge, denied his view of the Canadian economy is overly optimistic.

THE CANADIAN PRESS

DIRE FORECAST, PG 21

CHRIS YOUNG /THE CANADIAN PRESS

Juan Roman, co-owner of La Tortilleria restaurant, offers Prime Minister Stephen Harper a tub of hot sauce when he visited the Toronto restaurant yesterday to promote the Canadian Youth Business Foundation that gave Roman and co-owner Axel Arvizu a loan and mentoring.

Prostate cancer studies provide no answers yet on screening

HEALTH Two massive clinical trials experts hoped would provide a definitive answer to the question of whether prostate cancer screening saves lives have come up in a disappointing draw.

Taken together, the interim results of both studies suggest if seemingly-healthy men gain a survival benefit from being screened for prostate cancer, that benefit may not be large and may come at a high personal cost to many, a number of experts say.

"Some men will find the risks are worth it. Other men may not."
Heather Chappell

An author of the U.S. trial said they hope a clear picture will come into focus by the time they have studied subjects for an average of 13 years, the end of the followup.

The Canadian Cancer Society doesn't support prostate-specific antigen, or PSA, testing as a population screening tool.

Heather Chappell, senior manager of cancer control policy, said the society believes the decision of whether to undergo a PSA test should be made by men in consultation with their doctors, and these results don't change that position.

"Some men will find the risks are worth it. Other men may not want to go down that road," Chappell said. THE CANADIAN PRESS

Refugees face more delays: Report

ANTI-TORTURE A federal program to prevent people from being shipped home to torture has quietly mushroomed into an inefficient new layer of the refugee-screening process, says an internal federal report.

The Immigration Department evaluation says there is a definite need for the pre-removal risk assessment program, noting more than 800 people have successfully avoided deportation from Canada due to risk of persecution.

However, the program is not the tool of last resort it was meant to be, says the report, obtained by The Canadian Press under the Access to Information Act. THE CANADIAN PRESS

Mexico bus crash won't deter survivor from future travel

DEATHS An Ontario woman injured in a head-on crash in Mexico is grieving for friends killed in the collision, but said yesterday the crash that claimed at least 11 lives was random and would not deter her from future travels.

"I'm alive, so there, I'm OK — I'm one of the fortunate ones," Karen Lait of Burlington, Ont., said from her hospital room at Hospital Muguerza in Saltillo in Coahuila state, Mexico.

Surgery

- Lait hasn't spoken to her husband since they called out to each other in the hallway before his surgery.

Lait, 58, and her husband Jim, 60, were injured Monday when a tractor-trailer driven by an alleged drunk driver slammed into the tour bus they were on. Three Canadians were among those killed.

She added she's worried about fellow passenger Randy Kowaleski, 64, of Caledonia, Ont., who is in intensive care at a nearby hospital. Kowaleski lost his wife Carolyn, 64, in the crash.

Carolyn's cousin Marilyn Jackson, 67, of Vancouver, also died.

"I haven't seen anybody. My friend is at a different hospital, so I hope he's OK," Lait said.

"But it's more than that, he's lost his wife, so I'm just really feeling horrible." THE CANADIAN PRESS

News in brief

WARNING Guelph residents are being warned to check Schneiders meat products they may have after a suspected case of food tampering. Loblaw Inc. says packages of Schneiders Lunchmate and Schneiders Wieners were punctured with sewing needles at a No Frills store. THE CANADIAN PRESS

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BEAUTY *at the Bay*

CBC considering asset sales

The CBC is not considering putting ads on the radio but is still looking at selling assets. Ottawa-based spokesman Marco Dube refused to say more. THE CANADIAN PRESS

Prairie prosperity

Saskatchewan tables surplus during downturn

At a time when other provinces are projecting deficits, the Saskatchewan government has tabled a surplus budget with tax cuts and money for roads, hospitals and schools.

Finance Minister Rod Gantefoer's fiscal forecast for 2009-10 includes a decrease in property taxes that will put money in the pockets of homeowners.

The savings vary widely from community to community, but the average household in Saskatoon will save about $100 a year. Homeowners in a rural resort community such as Katepwa could pocket as much as $1,333.

The Saskatchewan Party government boasts that the $103-million cut to the education portion of property taxes is the largest in the province's history.

"We're very pleased to be able to be in a position to bring forward a long-term, permanent solution to the issue that has dogged this province for decades," Gantefoer said.

"It is a very challenging and difficult issue to deal with."

TROY FLEECE/THE CANADIAN PRESS

Members of the Saskatchewan Party applaud Finance Minister Rod Gantefoer, centre, as he delivers the budget speech at the Provincial Legislative Building yesterday in Regina. Unlike other provinces, Saskatchewan is tabling a budget surplus.

Gantefoer is projecting a surplus of $424.5 million for 2009-10 while keeping about $1.1 billion in a rainy-day fund.

Government revenue is expected to go up 13.8 per cent over last year's projection to $10.7 billion, but down a whopping $1.5 billion from the 2008-2009 third-quarter forecast.

Spending is also forecast to increase a total of 12.4 per cent over last year to $10.2 billion, but down slightly over the third-quarter projection.

"These tremendously turbulent times are not something that is escaping Saskatchewan entirely," said Gantefoer.

THE CANADIAN PRESS

Feeling the pinch

- Ontario: Finance Minister Dwight Duncan predicts a deficit of around $18 billion over two years when he tables his budget March 26. The manufacturing sector is expected to put the province in the red for years. The auto sector alone has lost 13,000 jobs and experts say another 15,000 layoffs could come this year.
- Nova Scotia: Premier Rodney MacDonald says the province will spend $800 million to stimulate the economy over the next three years, but at a cost of adding $1.4 billion to the province's debt.
- Alberta: Finance Minister Iris Evans has warned that the province's energy-driven economy has tumbled into recession and she expects a deficit of more than $1 billion this fiscal year, along with 15,000 lost jobs.
- British Columbia: Finance Minister Colin Hansen's budget in February included a $495-million shortfall for the fiscal year 2009 and $245 million for 2010. The government had to ditch legislation banning deficits before introducing the budget.

Mistakes, communication blamed for oil spill that soaked B.C. suburb

SPILL A 50-year-old pipeline map combined with lax construction procedures triggered a spectacular oil pipeline rupture that coated a suburban Vancouver neighbourhood in black oil, according to a federal Transportation Safety Board report.

Some 234,000 litres of crude oil gushed out of the underground line leading to a waterfront shipping terminal.

An excavator digging for a sewer-line trench punctured the 61-centimetre pipe beneath a roadway in Burnaby in 2007.

A geyser 15 metres high sprayed nearby homes and gardens while more oil seeped into nearby Burrard Inlet, soaking a number of birds. The board made no recommendations in its report on the accident, released yesterday, instead saying it wouldn't have happened if National Energy Board rules and the agreement with pipeline owner Kinder Morgan Canada had been followed.

"The investigation determined that the oil line was not a constant 8.5 metres off the east property line of Inlet Drive," investigator George Fowler said.

THE CANADIAN PRESS

Wrong location

- The contractor digging the new sewer line assumed the 1957 map showing the pipeline route under the roadway was accurate, when in fact in some places it was out by several metres.

Canadian judge killed in crash

ACCIDENT A retired Quebec judge is dead and two other Quebecers are injured after a bus accident in Argentina.

Guy Gagnon, the chief judge of Quebec court, says Gaston Labreche was killed in the crash.

Foreign Affairs says the accident occurred Tuesday near the city of Resistencia in northern Argentina.

Gagnon says Labreche dedicated much of his life to fighting for human rights. He grew up in Amos, Que., about 500 kilometres northwest of Ottawa. THE CANADIAN PRESS

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GORM shelving unit $25. Solid untreated wood. Includes 4 adjustable shelves. **Additional shelves $5/ea.** Max. load per shelf 50kg/110lbs. W77×D31×H174cm. RA.

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Hardline Quebec judge dies

Former judge Jean-Luc Dutil, who cast a hard-eyed look into Quebec organized crime as head of an inquiry into Mob activities in the 1970s, has died of an undisclosed illness. He was 77. METRO NEWS SERVICES

Audit blasts lack of funding control

NATIVES The Harper government flunks accountability, says a new audit that blasts lax controls over almost $300 million meant to help native students get to college or university.

The bruising report calls for tighter tracking of that cash and says funding has not kept pace with tuition hikes. THE CANADIAN PRESS

News in brief

QUEBEC Help for workers will be among the priorities in the provincial budget to be tabled today, Quebec Premier Jean Charest said. The budget will also update Quebec economic forecasts.

MONTREAL Canada Border Services Agency says it has arrested a U.S. currency broker who was convicted of fraud before he went on the lam last year. Thomas Qualls, 40, was arrested in Montreal.

THE CANADIAN PRESS

Tories talking bailout for TV

The Harper government is considering help for Canada's troubled private TV broadcasters, including the possibility of looser regulations and tax changes.

Heritage Minister James Moore said yesterday that the federal cabinet is aware of the threat to local news content should more local stations close.

Heritage Minister James Moore

And he confirmed that the government is looking specifically at how to assist CanWest Global Communications, which is teetering on the edge of bankruptcy.

Several high-placed industry and government sources say discussions at the highest levels of government have intensified as CanWest's April 7 deadline to satisfy creditor demands draws nearer.

CanWest, which owns 39 daily and community newspapers and the Global Television network, has put some of its stations up for sale.

Moore said there is no additional assistance for the CBC, which is facing a budgetary shortfall this year of over $100 million because of declining ad revenues.

CBC employees are bracing for an announcement later this week of an estimated 600 layoffs.

The Tories recently cut back on funding for the public Canadian broadcaster.

THE CANADIAN PRESS

PAUL DALY/THE CANADIAN PRESS

The Atlantic Osprey offshore supply vessel arrives in the St. John's, N.L. harbour yesterday. The ship was carrying what appeared to be wreckage of a helicopter that crashed in the North Atlantic.

17 chopper victims remembered

RECOVERY The 17 victims of a helicopter crash in the North Atlantic were remembered yesterday at a prayer service that reflected on Newfoundland and Labrador's ties to the sea — both the rewards and the dangers the ocean has brought in the province's history.

At the start of the service, the names of the 17 people who died in the crash were sombrely recited and prayers were said for the lone survivor of the accident, 30-year-old Robert Decker. Prime Minister Stephen Harper, Premier Danny Williams and Lt.-Gov. John Crosbie attended the service.

Earlier yesterday, what appeared to be the wreckage of the helicopter arrived in St. John's, N.L. on the deck of a ship that is being used in the recovery operation.

THE CANADIAN PRESS

Recovery effort

- The Transportation Safety Board has said the wreckage is in "hundreds of pieces."

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The Globe and Mail on Holman Hunt's SIN AND SALVATION

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L-R: William Holman Hunt, *The Awakening Conscience* ©Tate, London 2009. Dante Gabriel Rossetti, *The Bower Meadow*. Manchester City Galleries. William Holman Hunt and Frederic George Stephens, *The Light of the World*. Manchester City Galleries.

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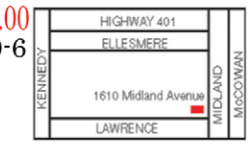

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*SOME EXCEPTIONS • SELECTION VARIES BY STORE • SOME ITEMS NOT EXACTLY AS ILLUSTRATED • WHILE SUPPLIES LAST • SEE STORE FOR DETAILS

Russia bans hunting of baby harp seals

Russia says it's banning the hunting of baby harp seals, just weeks after Prime Minister Vladimir Putin reportedly called the hunt a "bloody business." The Natural Resources Ministry said in a statement the Federal Fisheries Agency issued the order yesterday. THE ASSOCIATED PRESS

World

U.S. backs gay rights declaration

The U.S. government has formally endorsed a United Nations declaration calling for the worldwide decriminalization of homosexuality. That is a measure former president George W. Bush had refused to sign. The move was the Obama administration's latest in reversing Bush-era decisions that have been heavily criticized by human rights and other groups.

THE ASSOCIATED PRESS

Condom condemnation

France, Germany, UN disagree with Pope's comments

France, Germany and the United Nations agency charged with fighting AIDS disagreed with Pope Benedict's comment about condoms, saying yesterday they are a fundamental tool in preventing the spread of the HIV virus.

France "expresses its very strong concern about the consequences of the statements by Benedict," French Foreign Ministry spokesman Eric Chevallier said.

During his first visit to Africa as Pope, Benedict said in Cameroon on Tuesday that the distribution of condoms could endanger public health and they are not the solution to the fight against AIDS. "On the contrary, it increases the problem," the Pope said.

"While it is not up to us to pass judgment on the doctrine of the Church, we consider that these statements endanger public health policies and the imperative to protect human life," Chevallier told an online briefing yesterday.

"Along with information, education and testing, the condom is a fundamental element of actions to prevent transmission of the AIDS virus," he said.

L'OSSERVATORE ROMANO/THE ASSOCIATED PRESS

Pope Benedict XVI touches a stuffed lion yesterday during his meeting with Cameroon's President Paul Biya, not pictured, at the Unity Presidential Palace in Yaounde, Cameroon.

"We consider that these statements endanger public health policies and the imperative to protect human life."
French spokesman Eric Chevallier

Vatican position, and Benedict wanted to stress that a reliance on condoms distracted from the need for proper education in sexual conduct.

In Berlin, German Health Minister Ulla Schmidt and Development Minister Heidemarie Wieczorek-Zeul issued a joint declaration criticizing the Pope's comments and underlining the importance of condom use in developing countries.

In Geneva, the UN AIDS fighting agency said condoms are an important part of efforts against AIDS. It said prevention includes receiving information about the virus that causes AIDS, being faithful to one partner and other measures. THE ASSOCIATED PRESS

Vatican spokesman Rev. Federico Lombardi said yesterday the Pope was expressing a long-standing

Italy **Confrontation**

PIER PAOLO CITO/THE ASSOCIATED PRESS

A girl with a pink helmet is confronted yesterday by police in anti-riot gear during a demonstration against the government's education reform at Rome's La Sapienza University. Students and teachers protested during a nationwide strike.

Countess balks at $53,000 per week divorce settlement

COURT A 36-year-old Swedish countess divorcing a former CEO says she cannot live on $43 million.

Marie Douglas-David, a former investment banker, says she has no income and needs her 67-year-old husband, George David, to pay her more than $53,000 per week to cover her expenses.

David stepped down last year as chief executive at Hartford-based United Technologies Corp. but is still chairman of the board and has an estimated net worth of $329 million. He and his wife accuse each other of extramarital affairs. Their divorce trial started yesterday.

THE ASSOCIATED PRESS

Russia to sell arms to Iran: Reports

MISSILES Russian news agencies say a top defence official has confirmed Russia has signed a contract to sell S-300 air-defence missiles to Iran, but none of the weapons has been delivered. Russian officials have consistently denied claims that it already has provided some of the powerful missiles to Iran.

THE ASSOCIATED PRESS

Soldier expresses Tiananmen regret

DEMONSTRATION Even 20 years later, the shooting, chaos and death of the final assault on Tiananmen Square remain vivid in the mind of former soldier Zhang Shijun. Today, he has become one of the few to publicly voice regret.

In bearing witness about his role in the military crackdown on the 1989 student demonstrations in Beijing, Zhang says he hopes to add momentum to calls for an investigation and reassessment of the protest movement — and to further its ultimate goal of a democratic China.

"I feel like my spirit is stuck there on the night of June 3," Zhang, 40, said in an interview at his home, referring to the date in 1989 on which the final assault began. THE ASSOCIATED PRESS

Open letter

- Zhang's tortured memories have gained a global audience among the Chinese dissident community in the weeks since he published an open letter to president and Communist party leader Hu Jintao online.

News in brief

GERMANY A man held hostage for two hours by a teenager who had just gone on a school shooting rampage says the boy told him he had killed for fun and wanted to attack a second school, a magazine reported yesterday. Igor Wolf, the hostage, said 17-year-old Tim Kretschmer burst into his car March 11 after fleeing the school where he had perpetrated a bloodbath, put a gun to Wolf's head and forced him to drive away at high speed, Stern weekly reported.

AFGHANISTAN An official says Poland is likely to increase its number of troops in Afghanistan. Poland currently has 1,600 troops in the central Afghan province of Ghazni as part of the NATO mission in the country. THE ASSOCIATED PRESS

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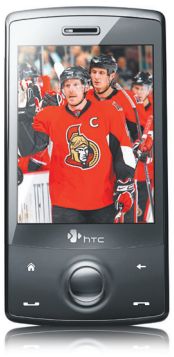

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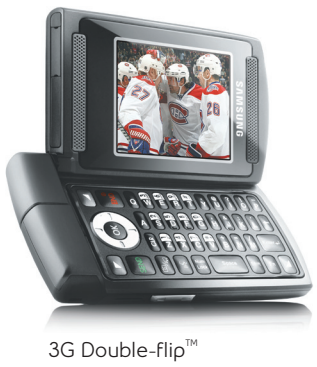

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Britain releasing detainee treatment rules

British Prime Minister Gordon Brown says he will publish previously secret guidelines on intelligence officers interviewing detainees following allegations by former Guantanamo Bay detainee Binyam Mohamed that MI5 was complicit in his torture. THE ASSOCIATED PRESS

Dad blames Olmert for deal failure

SOLDIER The father of an Israeli soldier held captive in Gaza for nearly three years blames outgoing Prime Minister Ehud Olmert for failing to free his son.

Noam Schalit said yesterday Sgt. Gilad Schalit was captured while Olmert was in office, so his family expected Olmert to bring him home. But, the father said, "we were wrong."

Talks between Israel and Hamas over a prisoner exchange that would have brought Schalit home broke down this week with both sides blaming the other.

Olmert is expected to step down later this week.

THE ASSOCIATED PRESS

William wanted to be a policeman

INTERVIEW Prince William discussed his childhood in an interview broadcast yesterday on the BBC's Newsround program, reminiscing about wanting to be a policeman and getting a "Harry Potter" scar on his forehead.

The 26-year-old prince also said had to go to the hospital after being hit by a golf club. "That was for my Harry Potter scar," he said. THE ASSOCIATED PRESS

Fritzl pleads guilty to all charges

Daughter's presence unnerved Austrian?

In a stunning turn of events, an Austrian on trial for imprisoning his daughter for 24 years and fathering her children pleaded guilty yesterday to all charges against him — including homicide.

The move came after his daughter appeared unexpectedly in the courtroom.

Surprising even his lawyer, Josef Fritzl calmly acknowledged his guilt on the third day of a trial that has drawn worldwide media attention.

"I declare myself guilty to the charges in the indictment," Fritzl, 73, told a panel of judges, referring to what he called "my sick behaviour."

Fritzl had been charged with negligent homicide, enslavement, rape, incest, forced imprisonment and coercion. Initially, he had only pleaded guilty to incest and forced imprisonment. The change of plea means he could face up to life in prison for the negligent homicide charge — literally "murder by neglect" in German.

Background

- The homicide charge came for the death of an infant twin boy born to Elisabeth in April 1996 who prosecutors say might have survived with proper medical care had he and his mother not been locked in the basement.
- Elisabeth and her six surviving children, who range in age from six to 20, have spent months recovering in a psychiatric clinic.

Elisabeth was the prosecution's key witness against Fritzl. Now 42, she was 18 when he imprisoned her in the cramped, windowless cell he built beneath the family's home in the town of Amstetten. He then raped her for years.

Asked by the presiding judge what had led him to change his mind, Fritzl said it was the testimony from Elisabeth — the court had viewed 11 hours of her videotaped statement during closed-door sessions Monday and Tuesday.

Fritzl's lawyer, Rudolf Mayer, said Fritzl had asked to see a psychiatrist after Tuesday's session.

"It must really have shaken him up," he said, referring to Elisabeth's testimony.

However, a person familiar with the trial told The Associated Press that Elisabeth herself was in the courtroom on both days — suggesting her presence alone might have unnerved Fritzl and prompted him to change his pleas.

THE ASSOCIATED PRESS

HELMUT FOHRINGER, POOL/THE ASSOCIATED PRESS

Defendant Josef Fritzl is escorted yesterday during a break of the second day of his trial in St. Poelten, Austria.

News in brief

MARIJUANA U.S. Attorney General Eric Holder has signalled a change in policy on medical marijuana. The country's top law enforcement officer says federal agents will target marijuana distributors that violate both federal and state law. That's a departure from the Bush administration, which targeted medical marijuana dispensaries in California, even if they complied with that state's law. Holder did not spell out exactly who would no longer face the prospect of raids by the Drug Enforcement Administration. THE ASSOCIATED PRESS

Madoff's accountant arrested

FRAUD Bernard Madoff's longtime accountant was arrested on fraud charges yesterday as authorities blamed him for failing to make the most basic auditing checks that would have exposed an epic fraud that cost investors billions of dollars.

David Friehling is the first person to be arrested in the scandal since Madoff turned himself in, and his prosecution signals that the government is intent on bringing Madoff's associates to justice as they try to figure out who helped him carry out the fraud.

Prosecutors say the 49-year-old Friehling essentially rubber-stamped Madoff's books for 17 years, serving as Madoff's auditor from 1991 through 2008 while operating from a discreet building in suburban New York.

CRAIG RUTTLE/THE ASSOCIATED PRESS

David Friehling leaves court in New York yesterday.

Authorities said that if Friehling had done his job, Madoff's financial statements would have shown his company owed tens of billions of dollars to his customers and was insolvent.

The relationship between the accountant and Madoff was so cosy that Friehling and his family pulled $5.5 million US from accounts with Madoff since 2000 and had a balance of more than $14 million as recently as November.

Prosecutors said it's a conflict for accountants to have such large sums invested with clients.

THE ASSOCIATED PRESS

Moonshiner picks death over prison

HILLBILLY Famed Appalachian moonshiner Marvin (Popcorn) Sutton, 62, whose incorrigible bootlegging ways were as out of step with modern times as his hillbilly beard and overalls, took his own life rather than go to prison for making white lightning, his widow says.

Pam Sutton found him in his old Ford Monday. Authorities suspect carbon monoxide poisoning.

Sutton wrote a paperback called Me and My Likker and made videos on how to make moonshine. The History Channel featured him in a 2007 documentary, Hillbilly: The Real Story. THE ASSOCIATED PRESS

Man jailed for years has conviction overturned

BRITAIN A British man who spent 27 years in prison walked free yesterday after his murder conviction was overturned because of new DNA evidence.

Following the decision, prosecutors said they may review other cases in which people were convicted before the advent of DNA profiling.

Britain's Court of Appeal ruled that Sean Hodgson, 57, did not kill 22-year-old Teresa De Simone in 1979. She was found strangled in her car outside the pub where she worked in Southampton, 130 kilometres southwest of London.

Emerging from court flanked by family members and his lawyers, Hodgson, looking pale, waved at journalists and said he was ecstatic.

"It's great to be free again," he said.

DNA profiling did not exist in 1982, when Hodgson was sentenced to life in prison. But an analysis sought recently by Hodgson's lawyers showed that DNA from the scene did not match Hodgson's.

Hodgson initially confessed to the killing, but he later recanted and pleaded not guilty.

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Actor Richard Dreyfuss calls attention to neglected battlefields

Oscar-winner Richard Dreyfuss visited the U.S. capital yesterday to call attention to the most endangered Civil War battlefields as the Civil War Preservation Trust released its annual report on 10 battlefields it says are deteriorating. THE ASSOCIATED PRESS

Dubya takes a decision

Writing book on choices

Former U.S. president George W. Bush, who once famously called himself "The Decider," is writing a book about decisions.

"I want people to understand the environment in which I was making decisions. I want people to get a sense of how decisions were made and I want people to understand the options that were placed before me," Bush said yesterday from his office in Dallas.

George W. Bush

Bush's book, tentatively (not decisively) called Decision Points, is scheduled for a 2010 release by Crown. It is unusual in a couple ways.

Instead of telling his life story, Bush will concentrate on about a dozen personal and presidential choices, from giving up drinking to picking Dick Cheney as his vice-president to sending troops to Iraq. He will also write about his relationship with family members, including his father, the first president Bush, his religious faith and his highly criticized response to hurricane Katrina.

Instead of having competing publishers bid, Bush and his representative, Washington lawyer Robert Barnett, negotiated for world rights only with Crown Publishing, where authors include President Barack Obama and Bush's former secretary of state, Condoleezza Rice.

Financial details were not disclosed, although publishers have openly doubted that Bush would receive the $15 million former president Bill Clinton got for his memoir, My Life. THE ASSOCIATED PRESS

Expensive feast **Now that's dog-gone money**

KELLEY DAVIS VIA THE NEWS & OBSERVER/THE ASSOCIATED PRESS

Augie, a two-year-old greater Swiss mountain dog in Apex, N.C., ate $400 US cash that Kelley Davis made working extra hours. The 42-year-old Davis says when she took Augie for a walk Saturday, she found parts of three $100 bills and five $20s in his leavings. She washed them with a garden hose and hopes to find enough pieces to exchange them for cash.

News in brief

BABY New Zealand police are investigating whether a woman gave birth on a flight from Samoa to New Zealand, then left the baby behind on the plane.

HELICOPTERS U.S. safety officials are grounding 2,800 Bell helicopters in a search for improperly installed bearings that could cause the co-pilot controls to malfunction.

IRELAND Cars torched, firefighters attacked, police bombarded and neighbours terrified: It was another fine St. Patrick's Day in Ireland, where inebriated mobs annually turn districts of Dublin and Belfast into a nightmare. Police said they were still adding up the arrests THE ASSOCIATED PRESS

U.S. prepares Afghanistan civilian surge

EXPERTS Top aides to U.S. President Barack Obama are recommending the United States combine a boost in military deployments with a steep increase in civilian experts to combat a growing insurgency in Afghanistan, senior U.S. officials said yesterday.

Several hundred civilians from U.S. government agencies — agronomists, economists and legal experts — will be deployed to Afghanistan to reinforce the non-military component in Kabul and the existing provincial reconstruction teams in the countryside, officials said. THE ASSOCIATED PRESS

Stop meddling, Karzai warns

AFGHANISTAN President Hamid Karzai warned the international community yesterday to avoid meddling in governing Afghanistan as the country prepares to go to the polls to elect a new president. THE ASSOCIATED PRESS

Taliban prisoner in Indianapolis gets lighter restrictions
U.S.-born John Walker Lindh can meet with people other than lawyers or relatives, because he no longer poses a large threat. **METRO NEWS SERVICES**

Sudan's president claims invincibility

MOHAMED OSMAN / THE ASSOCIATED PRESS

Sudanese President Omar al-Bashir delivers a speech to army soldiers during a pledge of allegiance rally for the military in Khartoum, Sudan, on Monday.

A defiant Sudanese president rallied Arab supporters in Darfur yesterday, saying no war crimes court or the United Nations Security Council can touch even "an eyelash" on him, despite an international order for his arrest.

Speaking to thousands at a rally near the southern Darfur town of Nyala, Omar al-Bashir denounced the West for allegedly seeking to "create chaos in Sudan" and trying to split Darfur from the rest of the country.

His remarks reflected his confidence amid support from the Arab League, whose chief Amr Moussa said this week that the 22-country group will not act on the International Criminal Court's arrest warrant when al-Bashir flies to an Arab summit in Qatar at the end of the month.

He has been accused of orchestrating several atrocities against civilians in Darfur, where his Arab-led government has been battling ethnic African rebels since 2003. Up to 300,000 people have been killed and 2.7 million have been driven from their homes.

Al-Bashir also claimed the West seeks to create chaos in Sudan similar to Iraq, where he said U.S. forces "killed women and children, looted the country and planted sedition." **THE ASSOCIATED PRESS**

Van Loan discusses border safety in U.S.

SECURITY Canada's public safety minister is in Washington discussing border security with his American counterpart.

Peter Van Loan met yesterday with the U.S. homeland security secretary.

Van Loan, says the two have delved into managing the border in a way that toughens security while facilitating trade, jobs and economic growth.

The minister also said he's not concerned that President Barack Obama's administration might impose tighter security measures at the Canada-U.S. border. **THE CANADIAN PRESS**

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Comment & Views

Comment

Putting love on layaway

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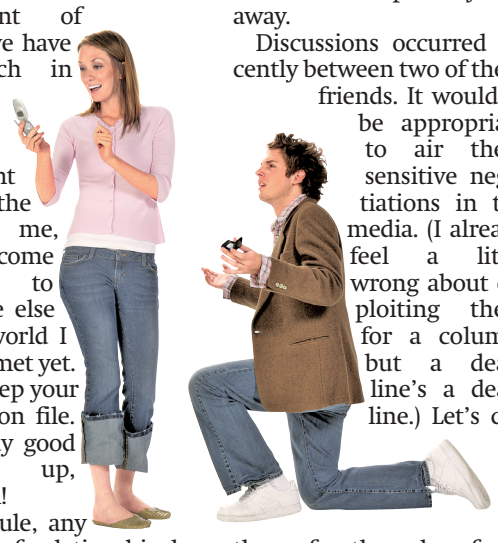
I've always been leery of the contingency proposal, that semi-joking suggestion made, perhaps to a friend or an ex or someone else fondly regarded but deemed unfit for current consumption, "Hey, if we both turn forty and neither of us is married, we should hook up."

Something always struck me as somewhat insulting about this arrangement, which is generally floated when forty seems a long way off. In that distant future, the reasoning goes, the fear of dying alone might overcome the just-friends failure of chemistry, the countervailing fear of tanking a friendship or whatever else is keeping the so-called couple from coupling right now.

If it's not a left-handed compliment, it's certainly an ambidextrous one. The equivalent of saying we have so much in common that you just might just be the one for me, but you come second to everyone else in the world I haven't met yet. So I'll keep your resumé on file. If nobody good shows up, you're in!



As a rule, any wrinkle of relationship behaviour that actually appeared in an episode of Friends (as I believe this did) should be viewed with great suspicion as a stunt to be tried at home. Is not marrying really so unthinkable?

But a few friends of mine have said this to one another, however frivolously, and eventually forty beckons from less impossibly far away.

Discussions occurred recently between two of these friends. It wouldn't be appropriate to air these sensitive negotiations in the media. (I already feel a little wrong about exploiting them for a column, but a deadline's a deadline.) Let's call them, for the sake of our continued friendship, uh, "him" and "her."

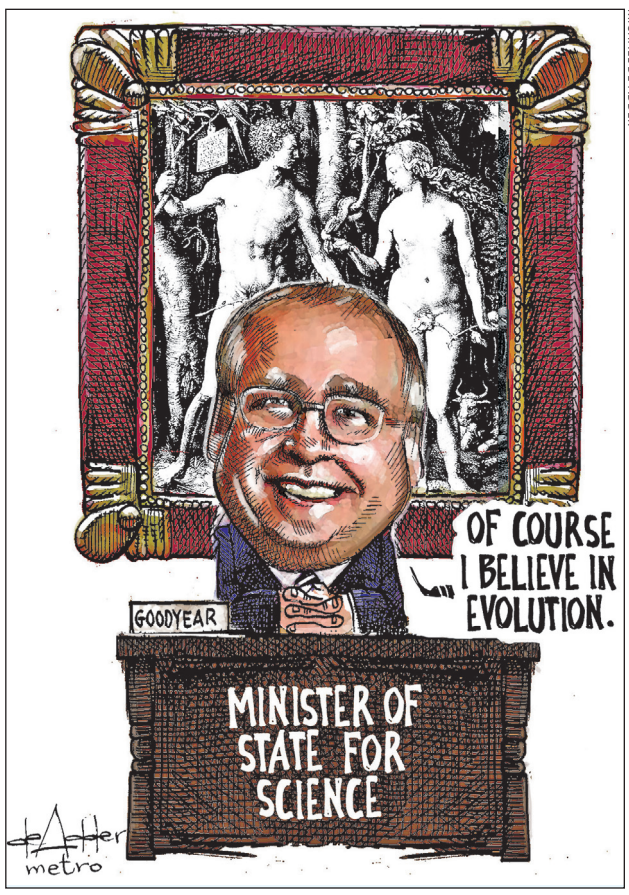
Both are successful and attractive, not obviously deformed in character or dragging any disproportionate load of disappointments. This is no nostalgic Facebook booty call from a half-remembered high school acquaintance. They just can't seem to dismiss the idea of each other as the one that maybe got away.

They've remained uncommonly close over the years, and commiserated as things didn't work out with other people. Did the constant presence of such a close, and oppositely sexed, friend play a role in all that not working out with the others? It's possible.

The irony in a relationship so much thought about and never consummated is that as years go by, it can seem a bigger and bigger deal. What was supposed to be a nice safe backup plan now seems emotionally perilous itself.

It's always going to take a leap, no matter how long you perch at the edge.

Steve Collins offers his best guesses on relationships for Metro every two weeks.



MICHAEL DE ADDER

Views

Women should seize the power of choice

On the Line

Christine Williams

International Women's Day fuelled countless follow-up discussion forums about women's liberation.

A couple of them grabbed my attention: the Vatican singling out the washing machine as the greatest liberator, and given this year's IWD anti-violence theme, the disclosure that Rihanna reunited with Chris Brown after an alleged beating. She was called a poor role model. Women face a myriad of choices and it's a great travesty when we fail to appreciate the power of choice. Ann Coulter's rendition of the single-mom-curse in her latest controversial book: "Guilty" crudely highlighted this.

In it, she condemns the modern portrayal of the single unwed mother as the innocent, perennial victim, denouncing them for foisting a host of costly social ills upon society.

Although, many of Coulter's foes would take fiendish delight in imagining her burnt at the stake, there is a message to decipher in her acrid approach to confronting the poignant social malady of single motherhood: the misuse of the power of choice.

The choices North American women have today came at great toil and we have reason to celebrate the history of our sisterhood. Women were key players in the 19th century abolitionist movement. The first organizers for women's rights started by working perilously with black women who had escaped slavery and wanted to learn how to read and write. Yet it was a momentous display of unity for the rights of all women. In 1848, the Declaration of Sentiments was finally ratified, proclaiming men and women to be created equal, giving women legal, social and voting rights.

We've come a long way baby, because now we can choose. Recently, I was horrified when an older lady called our talk-show — On the Line — to say that she stayed with an abusive husband for decades because one church leader told her to. We delude and denigrate ourselves by allowing others to define our self worth, including celebrities like Rihanna.

Young women's role models were meant to be those of their own household. If it's a dysfunctional one, the cycle must end somewhere. There is help for those willing to reach out from beneath the veneers of pain and pretexts in a genuine search for wholeness.

No physical invention, including the washing machine — or even law — can free someone from the shackles of the mind. Such advancements however provide opportunity that we should never take for granted: the opportunity of choice.

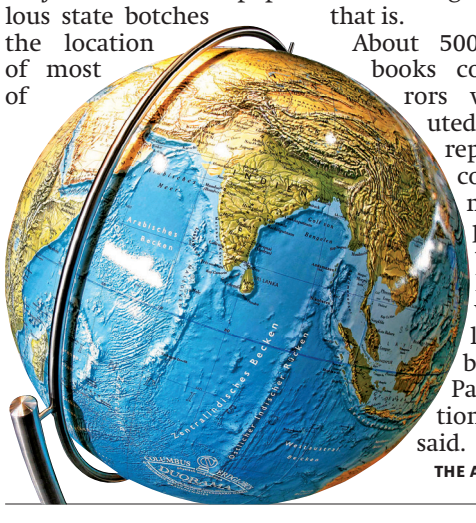
Christine Williams is the producer and host of the live current affairs daily talk show On the Line at CTS TV in Burlington, Ont.

Brazilian book suffering from severe globe goof

Where's Ecuador? Better not ask that question in Brazil.

A new Brazilian geography text book for sixth-grade students doesn't even include the South American country on the map.

In fact, the book distributed by the Education Ministry in Brazil's most populous state botches the location of most of Brazil's neighbours.



Paraguay is switched with Uruguay, and a second "new" Paraguay is shown with a coastline at the southern tip of Brazil.

Bolivia is fortunate enough to appear on the map, but the book misses its border with Paraguay — the Paraguay that sits where Uruguay should be, that is.

About 500,000 of the books containing errors were distributed and will be replaced with corrected maps, to be paid for by the Vanzolini Foundation, which published the books, Sao Paulo's Education Ministry said.

THE ASSOCIATED PRESS

Metro Online Poll Results

49% SAID YES	Now that George W. Bush is no longer president, should the protests stop? *Weigh in on today's question at metronews.ca*	51% SAID NO

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Port of Montreal chief departs abruptly
The Montreal Port Authority is looking for a new president after the abrupt departure of Patrice Pelletier. Marc Bruneau, chairman of the port's board, said Pelletier's departure was related to different corporate visions. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

LISA POOLE/THE ASSOCIATED PRESS

A shift leader holds a rack of donuts at a Dunkin' Donuts franchise in Boston.

Time to eat the doughnuts

FRANCHISE It's time again to make doughnuts. After focusing on waffle breakfast sandwiches and espresso-based coffee drinks, Dunkin' Donuts is coming full circle with a new advertising campaign to remind people it also sells doughnuts.

It marks the company's first major campaign for doughnuts since 1997.

The year-long effort will include a $10-million US promotional campaign that includes a contest for customers to design their own doughnut. The winning doughnut, to be sold in the chain's roughly 8,000 stores across the U.S., will be unveiled June 5. THE ASSOCIATED PRESS

Recovery this year?

On second thought ... economy still getting worse

The Canadian economy is shrinking faster than at any time since the Great Depression, says a new report from Merrill Lynch.

Statistics Canada reported wholesale sales in the automotive sector fell 23 per cent in January. As a result, wholesale sales were down 4.2 per cent — far more than economists had generally expected.

Merrill economist David Wolf, long one of the most pessimistic of the major forecasters, predicts Canada's economy will shrink 9.1 per cent in the first three months of this year and a total of three per cent for 2009 as a whole.

"The quarterly data ... probably is the worst since the 1930s." David Wolf

"The quarterly data only goes back to 1961, but probably is the worst since the 1930s," Wolf said.

Wolf says the economy will begin growing again in the second half of 2009 — but that is only a technical recovery relative to how far it has fallen. Canada won't return to where it stood in 2007 until at least 2011, he said.

Bank of Montreal economist Benjamin Reitzes also said the first quarter is likely to be worse than his office's previous forecast of a 6.2 per cent retreat, noting Statistics Canada's 4.2 per cent wholesale sales decline in January was worse than the consensus of minus 2.7 per cent. THE CANADIAN PRESS

AIG executives asked to return bonuses

BAILOUT The head of battered insurance giant AIG told U.S. Congress yesterday that "we've heard the American people loudly and clearly" in their rage over executive bonuses and appealed to employees to voluntarily return at least half the money.

Testifying under oath at a congressional hearing as intense as any in recent memory, Edward Liddy said some workers already have stepped forward to give money back.

The company became the target of a political firestorm after the disclosure over the weekend that it had paid $165 million in "retention bonuses" to its employees at the same time it was accepting bailout funds from U.S. taxpayers.

The House of Representatives plans to take up a bill today that would impose a 90 per cent tax on bonuses paid to top-earning employees at AIG and other companies receiving big government bailouts.

The tax would affect employees making more than $250,000 US a year. THE ASSOCIATED PRESS

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In brief

FORESTRY Thirteen of Canada's largest forest, paper and packaging companies lost a combined $1.3 billion in the fourth quarter of 2008, according to a report by Pricewaterhouse-Coopers.

ECONOMY The U.S. Federal Reserve says it will start buying long-term government bonds, opening a new front in its battle to lift the country out of recession. The Fed says it will buy up to $300 billion US in long-term Treasury securities over the next six months. METRO NEWS SERVICES

Libyan firm vows to block China bid

TAKEOVER Libya's National Oil Company says it is blocking China National Petroleum Corp.'s planned $499-million US acquisition of Calgary-based Verenex Energy Inc., which has potentially lucrative operations in the North African country.

NOC chairman Shukri Ghanem said the state-run firm — which has the right of first refusal — will match CNPC's $10-per-share cash offer. THE ASSOCIATED PRESS

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Injury sidelines Wade
NBA scoring leader Dwyane Wade missed the Miami Heat's game against the Celtics last night because of a hip flexor. The Heat star had played all 66 games this season. THE ASSOCIATED PRESS

Sports

Heart surgery for Astro

Aaron Boone of the Houston Astros will have open heart surgery to replace an aortic valve. Boone made the announcement yesterday, saying he has known about his heart condition since college but tests after his routine physical determined he needed surgery.
THE ASSOCIATED PRESS

EDITOR: JOHN.CHICK@METRONEWS.CA

Injury keeps Canadian off the court

As March Madness tips off, Robert Sacre can only cheer for Gonzaga teammates

MATTHEW WUEST
matthew.wuest@metronews.ca

It's the most exciting time of the year in NCAA basketball — and Robert Sacre is on the outside looking in.

Sacre, a seven-footer from North Vancouver and one of Canada's top basketball prospects, has been ruled out for the rest of Gonzaga's season with a broken foot, ending a nightmarish sophomore campaign that lasted just five games.

Instead of being in the heat of the action, Sacre will be in street clothes while the NCAA 12th-ranked Bulldogs (26-5) face the Akron Zips (23-12) today.

"It's very frustrating, but you just have to accept it and deal with it," said Sacre, who will gain a season of eligibility because of medical redshirt rules. "I'll cheer as much as I possibly (can) on the sidelines. That's all I can do, so why not?"

Sacre actually broke his foot twice this season. He suffered the initial break before the season started and didn't get back into the lineup until late November, then landed awkwardly on the healed foot five games into his comeback on Dec. 10. He called it a "freak accident."

"It was really hard for me," Sacre said. "Especially because when I came down the second time, I just knew it was a break. That was the hardest part. But you just have to accept it. Things happen and you can't blame anyone for it."

Sacre, who was a starter in last year's opening-round loss to Davidson in the NCAA Tournament, remains one of the most highly-touted big men to come out of Canada in years and will look to get his career back on track in the fall.

He averaged 2.8 points and 1.8 rebounds as a freshman.

"I need to work on my inside game, my rebounding and my defence," he said. "I know what I need to work on and I'll just focus on that and perfect those skills."

With Sacre on the sidelines, Gonzaga is still considered a threat to do damage at the NCAA Tournament. The Bulldogs struggled in recent years, advancing beyond the first weekend just once in the past seven seasons. Sacre has high hopes.

"We've had our ups and downs, but we're looking good," Sacre said. "You just have to play as hard as you can and see what happens."

Canadian content

If you follow March Madness, a number of Canadian names may come across your screen. Here's a look at some.

• **TYLER KEPKAY, Utah (24-9):** The senior guard from Vancouver and high school teammate of Robert Sacre averages 30.4 minutes and 10.1 points per game.

• **ANDY RAUTINS, Syracuse (23-8):** Rautins, a six-foot-five junior and the son of national team head coach Leo Rautins, is fourth in Syracuse scoring with 10.5 points per game.

• **KRIS JOSEPH, Syracuse (23-8):** The six-foot-seven freshman from Montreal isn't as prominent as teammate Rautins, but averages 3.3 points and 13.8 minutes per game.

• **SHAMAR COOMBS, Texas A&M (18-15):** Coombs is a six-foot-one junior guard from Toronto who has produced 8.1 points per game while averaging 24.7 minutes of floor time.

• **WILLIE GALICK, Cal State Northridge (17-13):** One of the more productive Canadians in the NCAA, the six-foot-eight junior from Nanaimo, B.C., averages 9.2 points and 5.4 rebounds.

• **DEVOE JOSEPH, Minnesota (22-10):** The Ajax native is a six-foot-three freshman who averages 16.8 minutes and 5.1 points per game off the Golden Gophers bench.

• **OTHERS TO WATCH FOR:** Ifeanyi Ehirim, Robert Morris (Calgary); Tyrell Mara, Portland State (White Rock, B.C.); Alex Hill, Cornell (Toronto); Ryan Wright, Oklahoma (Mississauga); Jevohn Shepherd, Michigan (Toronto).

JIM ROGASH/GETTY IMAGES

Robert Sacre, seen here playing for the Gonzaga Bulldogs in 2007, will be unable to play in the NCAA Tournament.

CFL and MLS well positioned to ride out tough times

RECESSION As major professional sports leagues across the world feel the chilling effects of the economic recession, two leagues have barely even shivered.

The Canadian Football League and Major League Soccer, considered among the low-rent outfits on the pro sports horizon, have emerged as possibly the best-equipped in North America to weather the economic downturn.

Major League Baseball teams are cutting ticket prices. The National Football League has reduced staff and its teams confront the possibility of many unsold seats. Both the NHL and NBA are looking at salary cap reductions because of reduced revenues. The PGA is trembling as sponsors drop out or cut back.

But at the MLS and CFL, it's as close to business as usual as can be expected in these times.

Things look especially rosy with the CFL, which has teetered at the brink of ruin more than once in the past 20 years.

All eight teams report they are either on par with last season or ahead of the 2008 pace. In fact, despite a 4-14 season, the Toronto Argonauts are experiencing an increase in group and corporate sales.

There's plenty of optimism surrounding the league.

The Montreal Alouettes are kicking in $6 million to expand quaint Percival Molson Stadium by 5,000 seats for next season.

Toronto FC is looking at adding another 8,000 seats to BMO Field to accommodate some of the 14,000 fans on its season-ticket waiting list.

What both leagues have going for them above all is affordable ticket prices.

"Families still want to get out and have a good experience but the decision on a $500 or $600 season ticket is a lot different than a $10,000, $20,000, $30,000 season ticket," said CFL commissioner Mark Cohon.

TORSTAR NEWS NETWORK

Under-18 hockey coach named
Former NHL assistant coach Mike Johnston will coach Canada at the men's under-18 world championship next month. Johnston was an assistant coach for the Vancouver Canucks and the Los Angeles Kings from 1999 to 2008. THE CANADIAN PRESS

Leafs need a star

If anything was evident in Toronto's thrilling come-from-behind shootout victory in Tampa Bay on Tuesday, it was the fact the Buds stood up for each other time and again.

With hulking Bolts winger Evgeny Artyukhin wearing the black hat thanks to his wandering stick in a previous match, Toronto exacted revenge in the second period when veteran Brad May crushed the six-foot-five, 250-pound Russian with a textbook bodycheck.

Of course, the message from May was simple: If Artyukhin wasn't going to answer for what he did to Ben Ondrus last game in regards to stick work, May would really give the Lightning behemoth something to get angry about. But Artyukhin wouldn't drop the gloves. Instead, teammate Ryan Craig stepped in and was promptly fed fists by Jamal Mayers, another solid leader this year for the Leafs.

Soon after, the tables were turned when Buds defenceman Anton Stralman flattened Tampa superstar Vincent Lecavalier with a fantastic hip check. Lecavalier wanted to fight, but was quickly cut off by Leafs vet (and former Bolt teammate) Pavel Kubina, who knew the six-foot-one Stralman was not in the same weight class as the much more experienced six-foot-four Lecavalier.

TheHockeyNews
Ryan Kennedy

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What I'm trying to say here is that leadership is no longer a problem for the Leafs. The foundation has been set and whatever combination of Kubina, May and Mayers (among others) is still here next season will be a boon for a team in transition.

The next step in the road back to playoff contender status? A superstar.

I know, easier said than done. But the fact is the Maple Leafs can only do so much in the draft and even a young star such as Matt Duchene, Evander Kane or Magnus Paajarvi-Svensson cannot be expected to carry a team right away.

Thankfully, many of today's NHLers grew up as Toronto fans and drawing free agents to a team helmed by a proven winner in GM Brian Burke won't be difficult. But in terms of landing a big fish this summer, the pickings are slim.

Barring a trade for someone under contract with another team, the best the Leafs could do up front (where they need the most help) this summer would be the repatriation of Richmond Hill native Mike Cammalleri, who is on pace to have his best NHL season yet, but doesn't figure to be cheap enough for the Calgary Flames to keep.

Aside from Cammo, many of the summer's "elite" forwards come with way too much baggage. Names like Maxim Afinogenov, Alex Kovalev, Martin Havlat and Miroslav Satan are as much cautionary tales due to injuries or inconsistent play as they are intriguing offensive weapons.

Vancouver's Sedin Twins — Henrik and Daniel — may be available, but only come as a package and haven't proven they can carry a team to success.

The most alluring name two summers from now is another local boy currently starring for Columbus — Rick Nash. Now that the Blue Jackets are playoff bound, Toronto may not look so tempting, but wearing the Blue and White (and getting maximum cash to do so) seems like a pretty good deal in a few years for a Brampton kid.

With draft picks and cautious building, who knows? Maybe Toronto does become the place to be in the near future.

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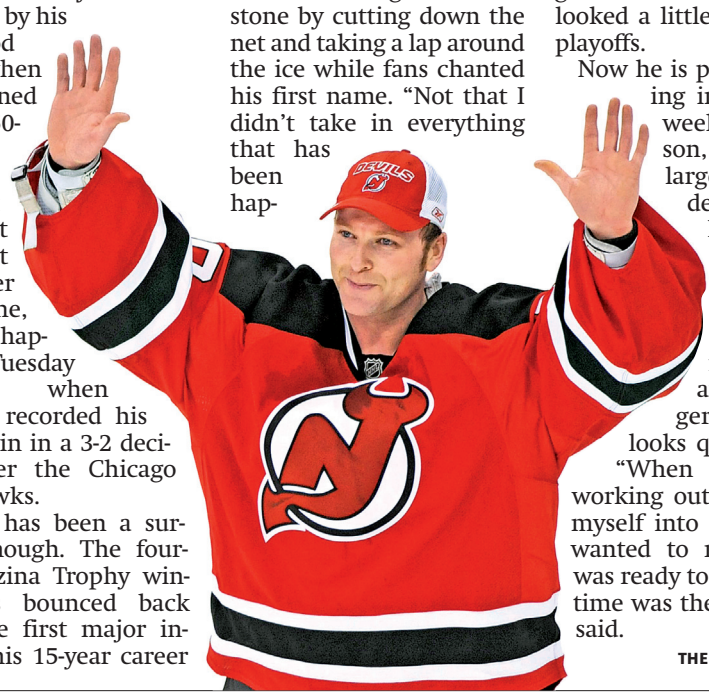
After netting win record, Brodeur focuses on playoffs

NHL Out four months after elbow surgery, Martin Brodeur never doubted that Patrick Roy's NHL record for career wins by a goaltender would still be his.

After all, the 36-year-old Montreal native was only eight wins away from the mark set by his childhood idol when he returned from a 50-game hiatus late last month. It was just a matter of time, and it happened Tuesday night when Brodeur recorded his 552nd win in a 3-2 decision over the Chicago Blackhawks.



There has been a surprise, though. The four-time Vezina Trophy winner has bounced back from the first major injury of his 15-year career in spectacular shape, and that could be the late-season nudge that starts the Devils and Brodeur on a run toward a fourth Stanley Cup.

"Well, right now it's time to relax and enjoy myself a little bit," Brodeur said after celebrating his milestone by cutting down the net and taking a lap around the ice while fans chanted his first name. "Not that I didn't take in everything that has been happening to me. But I think we have a few more, a little over 10 games to go for the playoffs. And it's going to be a run at the Stanley Cup. That's the bottom line."

Brodeur is fresh. In years past, the goalie has played roughly 70 regular-season games a season and has looked a little tired in the playoffs.

Now he is peaking heading into the final weeks of the season, thanks in large part to a demanding rehabilitation. Brodeur was limited to skating during first few months after his surgery, and he looks quick in goal.

"When I got back working out and getting myself into shape, I just wanted to make sure I was ready to go when the time was there," Brodeur said.

THE CANADIAN PRESS

Carbonneau say firing by Habs surprised him

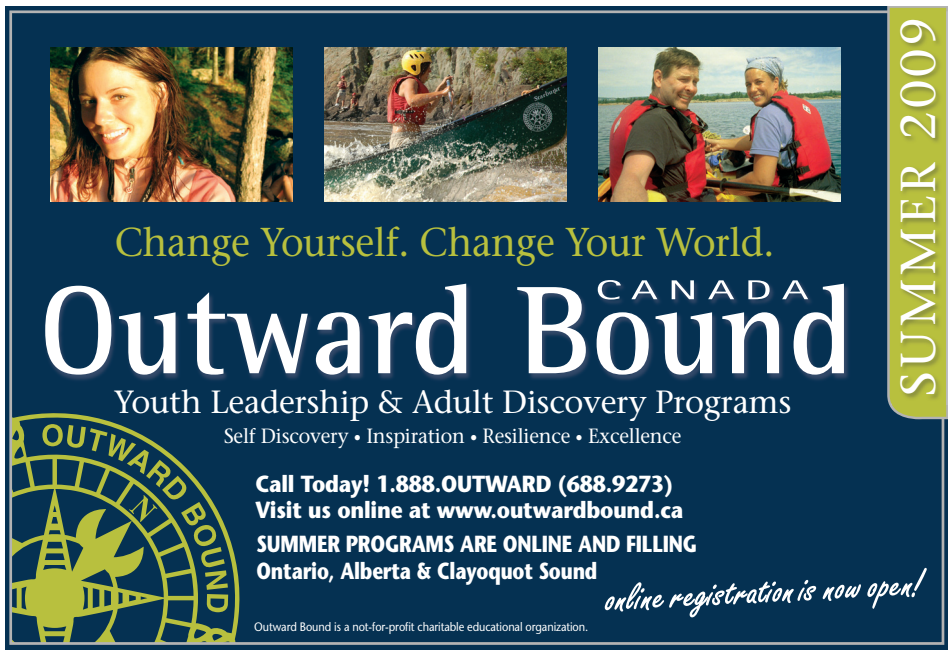
NHL Guy Carbonneau said being fired as coach of the Montreal Canadiens came as a complete surprise.

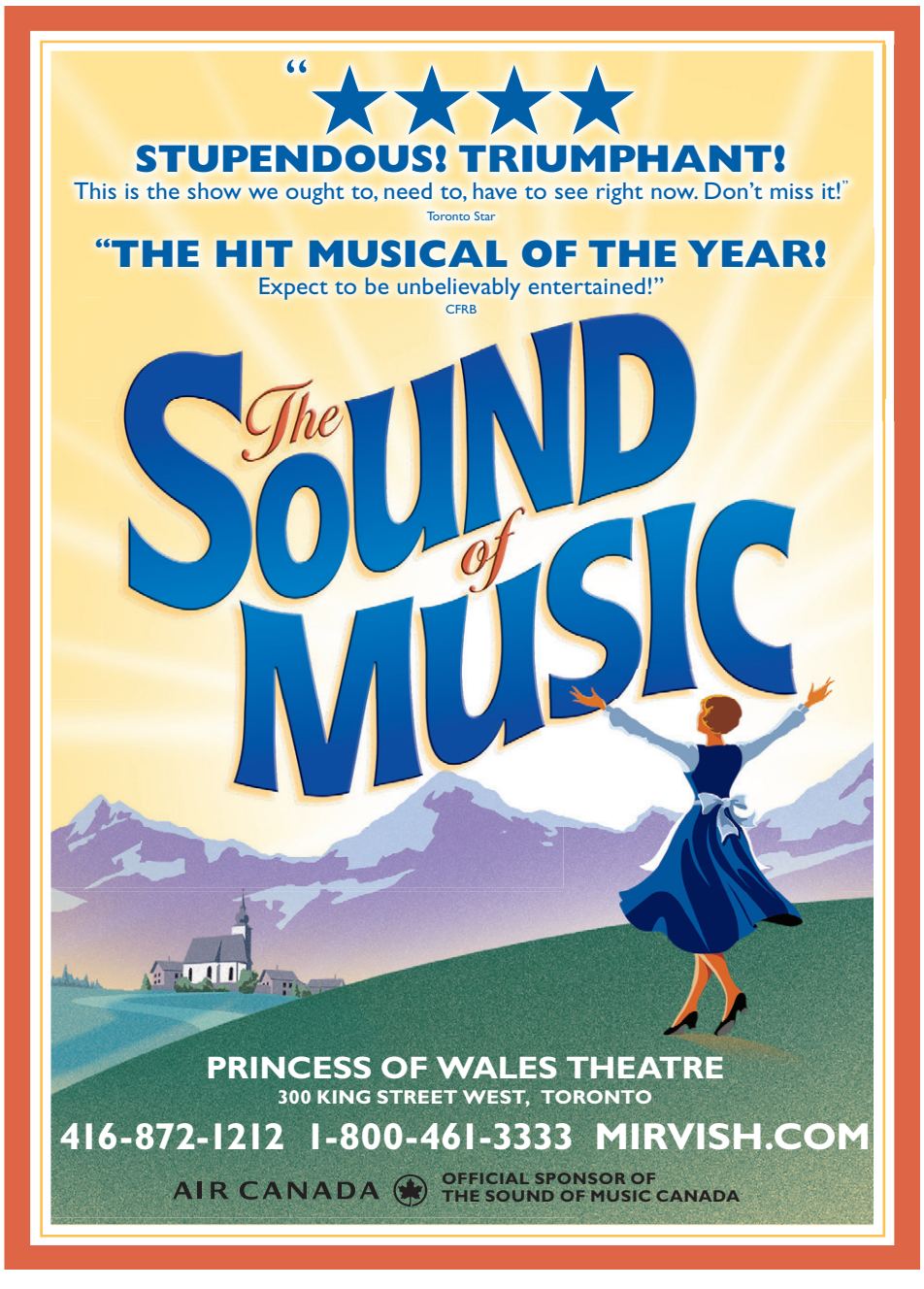
Carbonneau, who celebrated his 49th birthday yesterday, met with the media for the first time since he was sacked on March 9 and replaced behind the bench by general manager Bob Gainey.

"I wasn't expecting this decision," he told a packed news conference at the Bell Centre. "I thought we were going in the right direction, despite the fact that we had been struggling for a while.

"But Bob made the decision and now it's time to move on."

THE CANADIAN PRESS





Sounders kick off MLS season tonight

Seattle Sounders FC, the 15th Major League Soccer franchise, debuts tonight when Seattle hosts the New York Red Bulls to begin the 14th season of the MLS. A sellout of more than 32,000 is expected for the Sounders opener. THE ASSOCIATED PRESS

Vancouver awarded MLS franchise

EXPANSION Major League Soccer is coming to Vancouver in 2011.

The city was awarded the second Canadian MLS franchise at a news conference yesterday. The team will be able to build on the solid foundation laid by the Vancouver Whitecaps, said club president Bob Lenarduzzi.

"I thought I had seen the best soccer here in the late '70s and early 1980s," said Lenarduzzi, who played on the Whitecaps team that won the North American Soccer League championships in 1979. "I honestly didn't think that there would be an opportunity to recapture what we had back then. But it is my firm belief now, that when I see what is taking place with MLS, the best is definitely yet to come."

"Our goal is to become one of the world's best soccer leagues. The addition of Vancouver will help us get to that point."
MLS commissioner Don Garber

MLS commissioner Don Garber praised the city and the team's ownership group, which includes NBA star Steve Nash.

"It's a very passionate soccer market and an ownership group that gets the game," said Garber.

"Our goal is to become one of the world's best soccer leagues. The addition of Vancouver will help us get to that point."

The group paid $35 million US for the franchise.

The Whitecaps, defending champions of the United Soccer Leagues first division, will continue to play in that league this season and in 2010. THE CANADIAN PRESS

AARON HARRIS/THE CANADIAN PRESS

Fans hold up TFC scarves and Canadian flags during the anthem before the Toronto FC game against the Vancouver Whitecaps on Canada Day last summer at BMO Field.

BMO Field a big key to TFC's success

History shows for Toronto FC that if you build it, they really will come. BMO Field will be jammed once again for every game of the MLS team's third season.

Season tickets are capped at 16,000 with another 14,000 on the waiting list. Every game will be on TV and this season there's even a radio deal.

"I get asked this question all the time, 'Did you ever expect it to be so successful out of the gate?'" said Tom Anselmi, executive vice-president and CEO for Maple Leafs Sports & Entertainment. "The answer is, 'No, we didn't actually.'

"We believed that soccer was going to succeed in this market, we knew there's lots of soccer fans. The question was would they buy into Major League Soccer? We didn't really know that."

"We believed that soccer was going to succeed in this market."
Tom Anselmi, CEO for MLSE

The 20,000-seat BMO Field has been the cornerstone of Toronto FC's success. The Vancouver Whitecaps, awarded an MLS franchise yesterday, could learn from TFC's beginnings.

"One of the keys to success here has been having a soccer-specific stadium, no question about it," Anselmi acknowledged.

At $62.9 million, it is a no-frills venue. But it is designed for soccer, has a good location on the Toronto waterfront and there are some nice touches that dress up the blue-collar TFC home.

The north end is essentially one big watering hole/patio. The giant Maple Leaf logo on the seats in the middle of the east stand adds to the stadium's Canadian flavour, as does the panorama of Lake Ontario to the south and the Toronto skyline to the east.

But the fans make the atmosphere. In the southeast end, the Red Patch Boys — Toronto FC's supporters' club — make the fan engine tick every home game. The RPB charter sums it up when it says: "We are the voice in the stands filled with passion, pride and purpose for every minute of every game." THE CANADIAN PRESS

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BBQ tip No. 1
Have your cleaning supplies ready. In order to sanitize and deep clean your grill, you will need: A brass wire brush, dish soap, spatula, stainless steel cleaner and some fine sandpaper. Now give your grill a good spring cleaning. METRO NEWS SERVICES

Metro Homes

Spring BBQ tips

It's been a long winter, but before you head to the butcher and grab some T-bones, there are some simple steps you should take to get your barbecue in top grilling condition. Metro brings you these tips throughout the homes section today.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Mirror mirror on the wall

The fairest mirrors of them all can remake a room, designers say

HORCHOW/NEIMAN MARCUS/THE ASSOCIATED PRESS

Shown here is a large floor mirror framed in with nailhead trim. A well-placed mirror, particularly one that reflects an open doorway or window, can open up a small space.

When Louis XIV decided that the royal palace at Versailles should have a huge Hall of Mirrors, his minister of finance saw an opportunity.

Jean-Baptiste Colbert, a fierce nationalist, was determined that Paris be able to compete with Venice in producing luxury products like silk, lace and mirrors. He recruited Venetian artisans to come to Paris to craft all 357 of the hall's mirrors. They devised a method of pouring hot glass onto an iron table that allowed them for the first time to make really big mirrors.

With its elaborate ceiling art and solid silver tables, lamps and orange tree pots, the magnificent 17th-century hall was the setting for balls, births, even the signing of the Treaty of Versailles.

We think of mirrors as a tad gaudy, a bit Vegas, and not a material we can decorate with easily.

None of which need be true.

We might consider mirrors the way feng shui practitioners do. They see mirrors as serving three purposes: expansion, reflection, deflection.

A well-placed mirror, particularly one that reflects an open doorway or window, can open up a small space. It doubles the feeling of space and, in feng shui, serves an even greater function: It's believed that when a mirror reflects something good — such as a family portrait, pleasing scenery or symbolic object — its positive effects are doubled. Bagua mirrors, on the other hand, are seen in feng shui as bad-energy deflectors used on the outside of the home.

"(Mirrors are) a focal point in bathrooms, functional in bedrooms and closets ... When designing a room, it's the one thing I almost always use." Designer Will Smith

A mirror clad in a pretty or unusual frame will enliven the most basic room.

"They're a focal point in bathrooms, functional in bedrooms and closets, can serve as accent pieces on dining room walls and in foyers, and add height and light to small, dark spaces. When designing a room, it's the one thing I almost always use," says designer and HGTV celebrity Will Smith.

Notes New York designer Geoffrey Bradfield, "mirrors give a room an illusion of infinity."

Round mirrors can be especially smart looking. Pottery Barn has an Art Deco-style bevelled glass beauty that hangs on a faux leather strap. Another is wrapped in sustainably harvested cherry tree bark.

Uttermost has a stable of artists creating mirror designs, such as Grace Feyock's "Raindrops," a constellation of tiny mirrored circles orbiting a larger one. Her "Kellan" is a swirl of silver leaf around a bevelled mirror, and "Tamryn" boasts a headdress of woven palm tree fibres.

Mirrors don't have to be hung. Prop one on a dresser or console with a few favourite objects placed in front of it; you'll enjoy your things from two vantage points.

A large mirror placed at floor level in an entryway comes in handy. Horchow's version features a mirrored frame, which helps bounce the light around.

Sundance Catalog has a casement style framed in steel, reminiscent of old warehouse or country mill windows.

MirrorMate offers groupings of "Pizzazz" custom-framed mirrored squares, with a personalized look. Use them as artwork run up to the ceiling, or as a decorative headboard.

Mirrored finishes also are turning up on dressers, shelving, backsplashes, candlesticks, even fireplaces as a relatively inexpensive way to add glamour and lightplay to a space. THE ASSOCIATED PRESS

Issue with your new home?

LegalMatters

Jeffrey D. Cowan
jeff@cowanandtaylor.com

Q **I purchased an expensive new home with certain finishes that I ordered. I drove by my new house yesterday and the shingles do not match what I have chosen. When I looked across the road, the houses on the other side of the road had the exact colour and type that I ordered. What are my options?**

A The very first thing you should do is when you do your Pre-Delivery Inspection (known as a P.D.I.) you should note this. That way the provincial warranty program is put on notice that there is a deficiency.

Even worse news is that embedded in your contract is a clause that sets out that the developer is allowed to substitute "like products" for chosen products if they are unavailable. I can guarantee you that all of the contracts contain the same clause. It is a necessary evil from the perspective of the developer and from the perspective of the purchaser, something that they unknowingly sign up to without any clue.

Jeffrey D. Cowan is the principal of Cowan & Taylor, Barristers & Solicitors, jeff@cowanandtaylor.com. The information contained in this article should not be relied upon as legal advice.

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The Seascape	4304	A	2,082	4	~~$366,990~~	$339,990	$27,000
The Seascape	4404	A	2,082	4	~~$366,990~~	$349,990	$17,000

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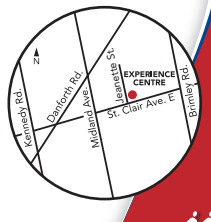

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Monarch

Decor

Read more in the April issue of STYLE AT HOME magazine.
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Home & Style

Get a dose of nature with these arty trays

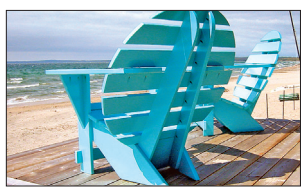
COLOURFUL Whether they're used as wall-mounted art or for serving breakfast in bed, we're wild about these baroque-inspired laminate trays adorned with a colourful collection of funky fauna. Ibride Collection hind and Squirrel 16.5" printed trays $69 each, Iddko, Montreal, 514-376-5783; iddko.com. –BRETT WALTHER

Home & Style

Turn your backyard into the beach

CHAIR Made in Canada and available in any paint colour, this pine lodge chair is your key to backyard bliss. $299, Jardinique, Roseneath, Ont., 905-352-3945; jardinique.com.

–BRETT WALTHER



Suite 17

Using a fresh colour palette, creative flair and organizational know-how, senior design editor Margot Austin transformed her niece's bedroom into a chic grown-up retreat.

Morgan McGillis wanted a more sophisticated colour scheme for her bedroom, one that was also light and bright.

"My starting point for any decorating project is fabric," says Austin. "For Morgan's room, the inspiration came from the one designer splurge — a few yards of Jane Churchill's modern floral print."

From it Margot chose Benjamin Moore's Bird's Egg blue for the walls, then paired it with lavender bedding.

The sweetness of the combo is toned down by white accents and the existing sandy carpet. The room gets a bit of sparkle thanks to the chandelier and the shiny metal finish on the bed frame and bedside lamps.

–WRITTEN BY DORIS MONTANERA

"I didn't spend a lot of time in my bedroom before. Now I love it!" Morgan McGillis says of her room revamp.

PHOTOGRAPHY BY DONNA GRIFFITH

We love it! **Set with style**

Basic white is always right, but nothing tops a table like a pretty pattern. Here Style At Home staffers share their most desired dishware. –BRETT WALTHER

Margot Austin, senior design editor, picks Bernardaud Constance porcelain, $430 US; Williamashley.com

Julia Armstrong, senior editor, picks this bone china $175 US, Villeroy-boch.com.

Lauren McPhillips, senior editor, picks these Japanese Script Flower porcelain plates $8 (8"), $10 (11"), Urbanoutfitters.com

Ashleigh Schouwerwou, associate art director, picks this Crown Derby Gold Aves bone china $728 US, Williamashley.com

Brett Walther, associate design editor, picks Philippe Deshoulieres Arcades porcelain at $300, Bedbathandbeyond.com

Susan Rogers, art director, picks Wedgwood Collection bone china, $169; waterford-wedgwood.com

Melissa Geurts, graphic designer, this Mondo refined porcelain dessert plate $75 , Rosannainc.com

PHOTOGRAPHY BY NINA TEIXEIRA/KATHERINE STAINLESS STEEL FLATWARE, POTTERY BARN

Merging old with new in drastic design change

Q I just rented my first apartment and am getting some hand-me-down furniture from my grandma. The dining chairs are very traditional and carved. I'm keen to make them over, but I need some suggestions for a paint colour and fabric to use. I painted the walls in the open-concept living/dining area a light blue, and I have a navy blue sofa. Also, what style of dining table should I get?
–Leslie Carson, Ottawa

A I hope your grandma won't be too shocked by the drastic change I'm suggesting. I love ornate traditional chairs painted glossy white and paired with a modern dining table for contrast.

Paint your chairs a pure white like Para Paints' Whitewash White P2089-00 and re-cover the seats in a fresh coral fabric like SeaCloth's Palm in Coral, shown left, from Kravet/Lee Jofa Showroom. Team up your chairs with a modern white table like IKEA's Docksta.

In the living area, add cushions on the navy sofa in the same coral fabric, plus a few in other accent colours. **–Margot Austin, senior design editor, Style at Home**

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SEMIS	**LOT#**	**SQ. FT.**	**PREV. PRICE**	**PRICE NOW**	**SAVINGS**
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The Malvern	24R	2,556	~~$421,690~~	$397,990	$23,700
The Malvern	27L	2,556	~~$421,690~~	$390,990	$30,700
The Regent	4L	2,577	~~$422,790~~	$399,990	$22,800
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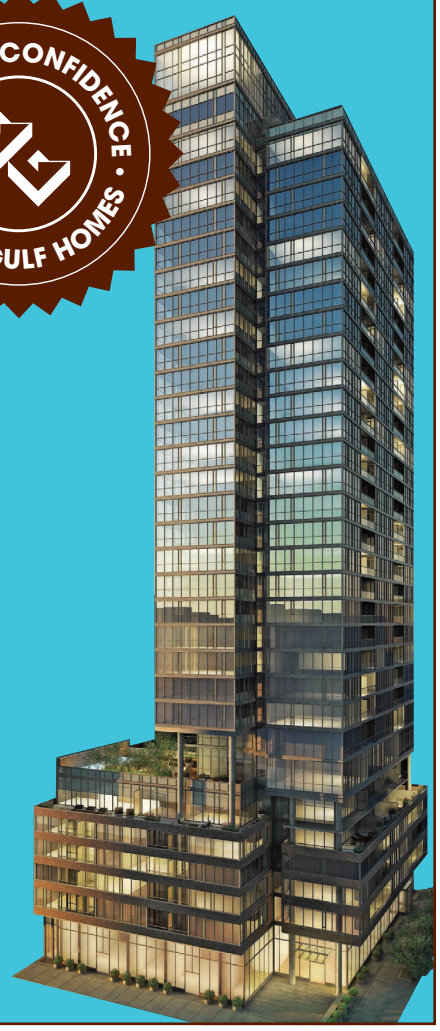

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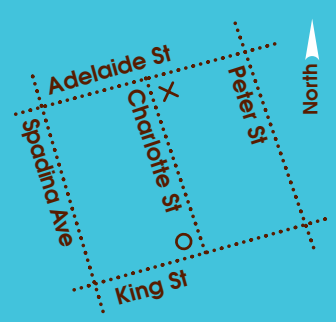

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BBQ Tip No. 2
Inspect all hoses and feed tubes on your grill. Once your cleaning is done you should inspect all hoses and feed tubes on your grill. Look for any crimps, scratching or punctures and replace if necessary. METRO NEWS SERVICES

Living through the muck

Spring may be the harbinger of nicer weather, but with it comes mud

HomeScape

Spring is on its way. But before we get there, we'll need to contend with mud, rain and wet snow. And that means we'll need to expend energy and time trying to keep mud out of our homes.

But no discussion dealing with mud is complete until you consider those who revel in mud, those who would wallow in it given the first opportunity. Hogs? Maybe, but hogs generally stay outside of houses. No, I was thinking of your average kid.

Kids love mud. They'll carry it into your house not only on their boots, but on their hands, on their butts or knees if they happen to fall into the slush, on their elbows, or in their hair, and on their faces. There is an astounding variety of mud games — paint yourself with mud, get stuck in the mud, make mud pies, build mud damns, slide down fast-melting muddy ice piles. I remember playing with some gusto some of those games myself.

But unfortunately, as an adult, it also brings something much less pleasant: Cleaning chores. At this time of year, the jumble of muddy boots by the door, sitting in a puddle of melting dirty slush, is a depressingly common sight. And then there are the coats, mud-smeared and haphazardly slung over the post at the bottom of the stairs. And wait, what is that pile lying in the slush? The coats that have fallen off the post, naturally. And those muddy footprints leading from the slush pile to other parts of the house?

It's enough to put me in a dark mood, to say the least!

At this time of year be warned that kids most certainly will come home and try to track mud throughout your house.

To keep your sanity, remember that the muddy season is temporary. But while it's here, here are some hints to make your life easier:

• First of all, remember to place mats both inside and outside the door of the main entry, and consider a boot scraper if you live near a major mud zone, such as near construction, or messy road repairs;

• Keep a broom near the entry door to periodically clear away the dirt that may otherwise get tracked into the house;

• If you have an older home without much closet space, keep the front entrance area tidy and uncluttered. If you've only got a little space, a closed wardrobe can work wonderfully, as can a series of attractive storage boxes. Or, consider building a small closet area near the front door but hidden from view. I've seen a very successful coat and boot storage built under the stairs to the second story, or on the landing of the stairs going to the basement;

• Keep boot trays underneath boots in the boot storage area. These will contain muddy water, and can be easily cleaned when necessary;

• If you've got too many coats and jackets to fit into the front entrance area, consider splitting the clothing and boots and storing some at the front and some at a side or back door area. For example, good coats and boots can be kept at the front of the house in a wardrobe, while everyday or children's clothing can be kept on hooks and shelves at the side or back door;

• Of course, the best case scenario is a mud room that has lots of room to store coats, boots, scarves, and sports equipment. Open lockers, one for each member of the family, with hooks and shelves are a great idea. And be sure to finish the floor in a surfacing that hides dirt and can take moisture and lots of cleaning. If you're building or renovating, combining the mud room with the laundry area and a sink makes a lot of sense.

Some other ideas

• Include a bench in your mud room or entry area. That way, boots and shoes can be comfortably removed and taken to their storage area. Consider combining a bench with a storage area, perhaps as a series of closed boxes (one for each member of the family) with upholstered tops.

• Include waterproof slippers and socks near the bench, so no one has to walk through the wet area.

–SYLVIA PUTZ

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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BBQ tip No. 3
Do a complete leak test of the grill. A leak test should be performed any time your grill has been in storage for a prolonged length of time or when you are changing any components on your grill. METRO NEWS SERVICES

Light, breezy, defined

Suite Talk

BRIAN COULTON
for Metro Canada

With spring upon us, it's time to trade in winter blizzard bleakness and dark, fireplace lit living rooms for spaces that are light, breezy and beaming.

That was Mike Niven's aim when designing this two-bedroom plus den suite for Ultra at Heron's Hill, a new Monarch high rise at Sheppard Avenue East and Yorkland Road in North York.

Elements like the large windows on either side of the main living area, the creams and whites of the suite's colour palette and the bedroom's linen curtains, which allow some light through, are what the eponymous driving force behind Mike Niven Interior Design Inc. said contribute to this open feel.

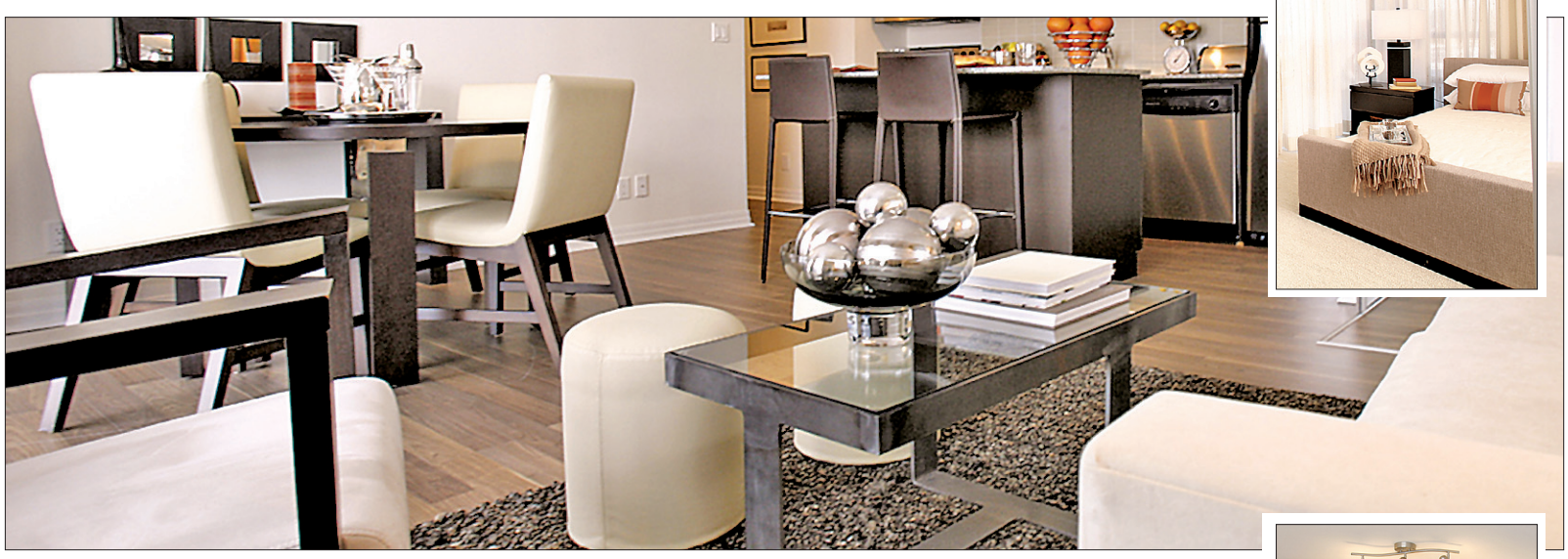
"It's fairly neutral to keep it open and airy and enhance the effect of what the windows are doing, keeping the space bright. The things about the suite that are great are the open concept living room, dining room (and) kitchen."

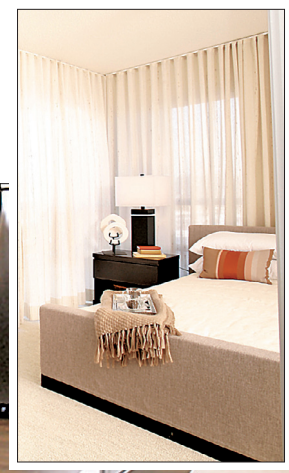
Niven said he was unchallenged while designing the suite, perhaps due to the simplicity and flexibility of its open concept rooms. "I think it takes furniture well (and) I think it takes areas well," he said, "There are definite living areas, definite dining areas, definite den areas, and the bedrooms are a gracious size."

There's also definite contrast in the suite, due to the decidedly dark wooden floors, kitchen cabinets and floating island and the red and gold accents throughout. Niven said the decision to contrast the light with the dark was all about one thing: Drama.

"We were just trying to create something that's, overall, cleaner, more on the contemporary side, with a bit of accent and just basically trying to keep the space light, bright, airy and open."

Suites at Ultra range from 344 to 930 square feet. Prices start in the $170,000s. For more information, visit monarchgroup.net or call 416.494.7679.





Seen here are some shots of Monarch's Ultra at Heron's Hill model suite at Sheppard Avenue East and Yorkland Road.

Clarification

- Last week Metro featured Pemberton Group's U Condominiums model suite. If you're interested please call 416-546-6605. The wrong number appeared in the paper.

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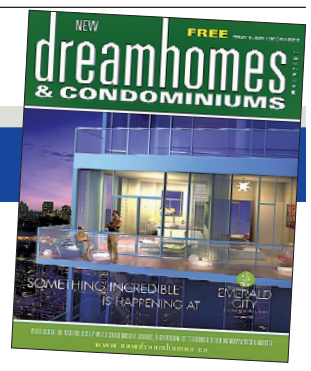

Post Paddy's Day Q and A

TheHunt

Amit Paul

amitp@rogers.com

As I'm sure many of you spent the better part of yesterday getting over the hoopla, and resulting hangover, of St. Patrick's Day, I thought today would be a good time to remind you of a few answers to some common real estate questions you may have forgotten.

When's the best time to get my pre-approval done?

You should get your pre approval done as soon as you think you're serious about even considering a move. It will allow you to move forward confident that the homes you're considering are within your comfort zone, and you're not wasting your time. More importantly it will prevent you from having to potentially digress from a level of home you thought was feasible but proved otherwise. On the same note, you should probably finalize your mortgage situation when you're serious about actually purchasing, before you purchase, so that you can remove the financing condition in your offer and use it as a bargaining chip.

Are bungalows bad investments?

In most areas across the GTA bungalows are valued less than detached multi-storey homes. Some would argue that their affordability actually makes them good investments. In a nutshell, they retain their value just as well as other homes in the given area, but will likely always weigh in lower than multi-storey detached homes, within the same area, price wise. There's nothing intrinsically wrong with bungalows, however, and in fact a good number of buyers I've helped actually prefer them.

How does the down payment work?

Most commonly, the down payment you will give along with an accepted offer will be $10,000. This happens within a day or so of your offer being accepted. It is held in trust, and stands as a show of good faith. Now if Kelly, for example, is putting down 10 per cent on her mortgage, on a purchase of $300,000, Kelly only has to come up with an additional $20,000 — the $10,000 counts towards the total down payment for her mortgage.

Is it always better to buy a newer home?

Honestly, no. At the end of the day it's a personal preference. Newer homes may come modernized, and are usually nestled in aesthetically appealing neighborhoods. On the other hand older homes are built more solid, in mature neighborhoods, and normally come with larger land sizes, for the same price. A good case can be made for either side but you're certainly not making a poor investment just by virtue of the fact that the home you're buying is "old."

Is our condo market dead?

Thanks in large to the healthy influx of immigration to Toronto, our condo market is not dead. While it's struggling currently, I believe that condo investors can rest confident that it will once again rise and prove successful. Remember that detached homes are at an ever-increasing premium and that the most populated areas (Downtown, North York) don't really have much room for new houses. Condos will not only be the first choice for most new immigrants, as well as current residents, but in many cases their only choice.

What if there's something wrong with the home?

Before Zack, for example, lets a deal go firm on the home he's put an offer on, he will have the opportunity to have the home inspected by a professional home inspector. If there are major issues, Zack can work with the seller to have them fixed, or else choose to back out of the deal and get his deposit back. Of course all this is the responsibility of his realtor.

If you have any suggestions prior to the launch of our new website, I'd love to hear from you. Happy Hunting!

Amit is a Realtor/Developer with Re/Max. amitp@rogers.com

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Check all ignition parts. Now that your grill is clean and safe, it's time to check out how it lights. For battery ignitions, it is a good idea to replace the batteries with new ones. Check all electrode leads and ensure the tips of the electrodes are clean. METRO NEWS SERVICES

Reno puts firmer roots in The Beach

One look at the bike hanging in the entryway of Lee and Angie Fletcher's home tells you everything you need to know about what you are about to see.

The powder blue "super-plastic" aluminum bike, designed by Australian designer Marc Newson for Biomega, is both functional and aesthetically beautiful, perfect for the short ride to Lee Fletcher's nearby office.

Both he and his wife love modern design — he's an industrial designer; she has worked in interior design and set design — but they also wanted their home to be sustainable.

So when they set out to buy a house that would suit their vision, they hired Carolyn Moss, of Moss Sund Architects, to ensure the house would be a suitable candidate for renovation or teardown.

Daughter Lily, 2, attended play school nearby and they wanted her to continue her schooling in the area, so they moved from Danforth-Woodbine to The Beach. Angie had changed schools several times growing up and didn't want that for her children. (Their other daughter, Ella, is 5). Lee, too, had crossed continents several times between Canada and England.

Being rooted in the neighbourhood would provide stability.

Other roots were important, too. A 100-year-old oak tree in the backyard would have a starring role in the renovation.

Construction began in September 2007.

The original two-bedroom bungalow, built in the early 1900s, was gutted to the brick. Three themes were paramount: Walnut, slate and white.

As well, geothermal heating and passive solar — as in the home of Fletcher's business partner, Terence Woodside, see below — were key.

TORSTAR NEWS SERVICE

DANIEL HARRISON PHOTO

Back view of a renovated Beach house shows how light pours into the second storey and warms a slate wall, allowing for passive solar heat.

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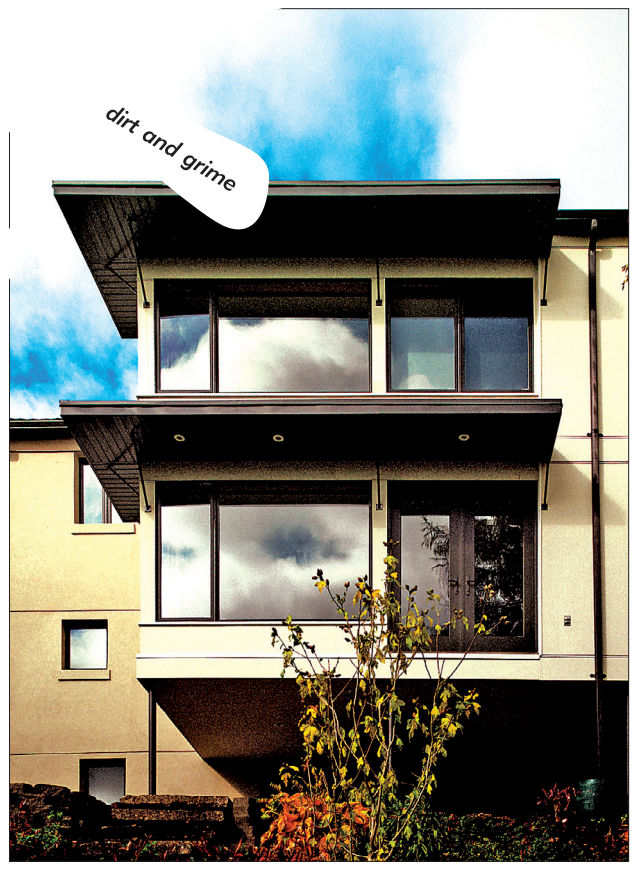

DANIEL HARRISON PHOTO

Right: Remodelling to allow passive solar heating and replacing oil heating with geothermal has changed the energy dynamic and look of this 1945 two-storey High Park house.

Family goes green in High Park

RENOVATION Showing visitors around his recently remodelled High Park home, Terence Woodside exclaims, "This house has this incredible view off the back."

Come summer, you won't be able to see a thing, as a green canopy unfolds below.

Green is what Woodside was aiming for when he and his wife, Suzanne Hamilton, hired Moss Sund Architects to create a modern, energy-efficient home out of a 1945 double-brick two-storey structure that would still fit into the neighbourhood.

Moss Sund is a boutique architectural firm based in Toronto with a strong focus on sustainable design.

The original home was about 1,800 square feet, but with two children and many out-of-town guests, the couple needed to "grow" their house, increasing the light and reducing their environmental footprint.

Changing from oil to geothermal heating — in which three 60-metre-deep loops of piping were sunk deep into the front yard, then sent back into the house about 1.2 metres below ground — and passive solar heating would go a long way toward reducing yearly energy costs of $4,000.

"The ground is doing half the work," Woodside, 38, explains.

The cost to install a forced-air furnace and ducts was $30,000 and he says he expects it will pay for itself in seven to 10 years. He got rebates worth $10,000, including $7,000 from both provincial and federal government programs.

His total energy costs now (including natural gas for hot water and cooking) are about $1,400 per year. "I don't worry about the bills any more," Woodside says.

In fact, costs dropped so dramatically, "we got a phone call to say our meter is broken," he adds.

Extra heat goes to a storage tank hooked to a pumping system for radiant floors. The heat pump takes care of most needs. Woodside says that an auxiliary backup, "like a big toaster," is only needed in the morning on the coldest days of the year.

Passive solar heating does the rest.

Architect and principal Carolyn Moss admits that "it's quite difficult to use passive solar in the city."

She set the two-storey addition at the rear of the house on piers.

Generous energy-efficient windows on the eastern and southern sides allow the low winter sun to heat the back rooms. In summer, sunshades keep rooms from overheating.

The master bedroom on the second floor offers the same stunning views.

Floors are reclaimed West Lincoln barnboard, 100-year-old ash.

Moss has drawn plans for a back deck, to be built in spring.

Woodside, with industrial design partner Lee Fletcher, is working with Moss on a rainwater harvesting system through their company, figforty.

Enviroshake roof shingles, manufactured in Chatham, Ont., look like weathered cedar and are made of recycled wood/plastic composite.

In front, a six-foot by ten-foot entry vestibule was created with an extension to create a large green roof canopy of 222 square feet.

Construction began in May 2007. The family moved out in summer and returned in October. The bulk of the work was completed by March 2008.

TORSTAR NEWS SERVICE

Tune in tonight

A new documentary series airing on CBC Television, The Great Food Revolution: A Citizen's Guide to Eating in the 21st Century, takes viewers on a gastronomic journey and explores how we have transformed the way we eat, drink and think about food. The four-part series beings tonight at 8 p.m. (8:30 NT). METRO NEWS SERVICES

Food

For healthy baking, add dried fruit, such as dates, figs, dried cranberries, apricots, and raisins to increase the fibre content.

BARB HOLLAND/FOR METRO CANADA

Sweet

At the same time, use these fruits' natural sweetness to replace some of the sugar in a recipe.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Muffins with lighter stuffin'

À la carte

Barb Holland

metronews.ca/alacarte

Healthy baking is possible. Here is one of my favourite muffin recipes, along with tips for increasing fibre, and reducing fat and calories — not to mention enjoying fresh home-baked flavour and freshness.

Orange Date Muffins

These are loaded with fibre and they taste good too. Look for soft-pitted dates in the produce section rather than the firm pressed dates in the baking aisle. If buttermilk is not something you use regularly, freeze remaining in measured amounts for future recipes. The texture may change in freezing and thawing, but it is fine for baking. Makes 12 muffins.

INGREDIENTS:

- 1-1/2 cups (375 ml) whole-wheat flour
- 2 tbsp (30 ml) brown sugar
- 1-1/2 tsp (7 ml) baking powder
- 1/2 tsp (2 ml) baking soda
- 1/4 tsp (1 ml) salt
- 1 orange, with peel, cut into pieces (remove seeds)
- 1 cup (250 ml) pitted dates
- 3/4 cup (175 ml) buttermilk
- 1/4 cup (60 ml) canola oil
- 1 egg

Alter your favourite muffin recipes to make them lower in fat and higher in fibre.

METHOD:

Preheat oven to 400°F (200°C). Line a muffin pan with non-stick baking cups or spray with nonstick spray.

In medium bowl, combine flour, brown sugar, baking powder, soda and salt.

Toss orange, dates, buttermilk, oil and egg in blender and process until oranges and dates are well chopped (you want some texture). Stir into dry mixture just until blended.

Scoop or spoon batter into muffins cups. Bake 18 to 20 minutes or until toothpick inserted in centre comes out clean. Cool pan on wire rack 5 minutes. Remove muffins from pan to cool completely.

Healthy Baking Tips:

- Increase the fibre and nutritional content by using whole wheat flour, which contains bran. To make it whole grain, use either stone ground whole wheat or try adding 2 tbsp (30 ml) wheat germ to each 1 cup (250 ml) of regular whole wheat flour. If adapting a favourite recipe, begin by replacing half the amount of all-purpose flour with whole wheat flour. If that works well, next time try all whole-wheat flour. Be sure to store whole-wheat flour in the freezer to prevent rancidity. Rolled oats (also called large flake or old fashioned oats) are also a good fibre addition to muffins and cookies.

Rolled oats (also called large flake or old fashioned oats) are also a good fibre addition to muffins and cookies.

- Use heart-healthy canola oil which has the least amount of saturated fat and a very mild flavour. Canola oil can be used in muffins, cakes and cookies. In a muffin recipe, reduce the amount of oil in your recipe to ¼ cup (60 ml) and use low fat ingredients such as applesauce, mashed banana, juice, yogurt, buttermilk (1%), low fat or skim milk to replace the remaining oil and liquid. Non-hydrogenated margarine can also be used in baking, but adjustments will be necessary if you are using it in place of butter or hard margarine. Non-hydrogenated margarine (soft tub margarine) has a higher water content and can affect your baking results.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Riding the Recession

Meals for a steal

Richtree Market Restaurant
42 Yonge St., Brookfield Place (Sam Pollock Square)
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richtree.ca

Every day of the week, Richtree Market Restaurant has a special — either an existing dish at a discounted price or a brand new item. For the rest of March, for example, you can get a Mild Italian Sausage Pasta in a creamy tomato sauce for $4.98 on Tuesdays or their Signature Swiss Rösti Potatoes with Bratwurst Sausage with onion gravy for $4.98 on Fridays. Swing by Yonge and Front streets.

Season for sipping
Looks like the hint of spring around the corner is making people thirsty: Winetaster's Secrets: A Step-By Step Guide to the Joy of Winetasting by Andrew Sharp topped the bestselling cook books on Amazon.ca last week. METRO NEWS SERVICES

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Spring flings

Break out the fancy stemware; tomorrow is the first day of spring so, at least according to the calendar, we can officially raise a glass to the end of winter.

For me the liquid personality of the season comes through in wines with bright, floral aromas and smooth, up-front fruit flavours. They should work with most casual menus but be able to stand alone as an upbeat palate refresher.

In whites, the juice from the viognier and torrontés grapes make for great late March drinking as does Old World riesling. The **2005 Lingenfelder Estate Bird Label Riesling ($16.98 - $18.99)** is a well-rounded sipper from Germany's Pfalz region. Distinctively off-dry, it has a universal appeal that's hard to find in any wine no matter what the colour.

Turning to reds, those from France's Beaujolais and Italy's Valpolicella regions are ideal for laidback contemplation. A great alternative are wines made with the grenache grape — especially in a blend à la Down Under. The **2007 Rosemount Estates Diamond Cellars Grenache Shiraz ($12.95 - $15.96)** is a relaxing Aussie with a flowing trail of cranberry fruit that makes you wish it was warm enough to lounge out on your back deck.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Low-budget lunch bags

Riding the Recession

With food costs increasing in an already dire economy, buying lunch can be a budget buster. Brown-bagging your own lunches can save you hundreds of dollars a year, and it might even help you lose weight if you make good choices.

ShopSmart, from the publisher of Consumer Reports, has ideas and tips to pack a delicious lunch you'll look forward to eating:

Breakfast For Lunch:

Frittatas are great served cold or warm, so pack a slice or two while adding a piece of quiche in as well.

Leafless Salads:

A mix of chopped raw vegetables in vinaigrette, black beans, corn, diced red peppers, and chopped scallions make a filling, healthful, and inexpensive salad.

Portable Pasta:

Try whole grain pasta with vinaigrette and canned salmon or store-bought meatballs. For the carb-watchers, use spaghetti squash, Orzo, or brown rice to make a pseudo pasta salad.

Antipasto and Dips:

Small bites can be as satisfying as a big sandwich, so pack mozzarella cubes wrapped in roasted red peppers, olives, deviled eggs, salami, and roasted almonds.

Sandwich Substitutes:

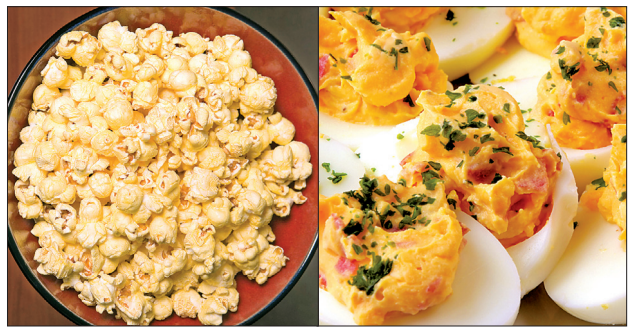
Pack wedges of good, flavorful cheese, a crusty whole-grain roll, and some grapes or veggies. Try a chicken or egg salad in a hollowed-out tomato, or baked zucchini halves scooped out and filled with chili or other stuffings.

Hot and Hearty Fare:

Take homemade, canned, or store-bought soup in a wide-mouth thermos. Leftover stews, stir-fries, and casseroles stay hot and pack well too.

Chip Alternatives:

Popcorn or healthy edamame beans are much cheaper than chips from the store. Boiled green soybeans also make for a great late-afternoon pick-me-up.



Popcorn and deviled eggs — cheap and filling snacks.

In addition, don't forget ShopSmart's Brown-bag Dos and Don'ts:

• **DO** stick to combos that pack well. Use tortillas to wrap sandwiches that don't stick together.

• **DON'T** get stuck in a rut. Try packing frozen fruit like peaches or raspberries, which will thaw by midday. Instead of the usual vegetables, consider radishes, jicama spears, or sugar snap peas.

• **DO** avoid soggy salads and sandwiches. Pack greens separately from the dressing and skip watery tomato slices. Instead, try thin slices of zucchini, cucumber, or mild daikon radish which stay crisp for hours.

• **DO** spice it up. Pack extra seasoning in a plastic bag to add to leftovers — hot sauce in particular wakes up other flavours.

• **DO** invest in the right containers. Good containers should be seal-tight and microwaveable. Avoid plastics marked with recycling codes 3, 6 and 7 which could potentially contain harmful chemicals.

• **DON'T** forget a drink. In summer, brew your own tea or coffee at home. In cold weather, bring your own cocoa, coffee, or tea bags.

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Style

Jacobs leads CFDA noms

June 15 could end up being a big day for Marc Jacobs, judging by the number of Council of Fashion Designers of America awards he's up for that night. He's up against Narciso Rodriguez and Rodarte's Kate and Laura Mulleavy for the Women's Wear Designer of the Year prize, as well as Accessory Designer of the Year. He'll also be honored with the International Award for his track record at Louis Vuitton. KENYA HUNT/METRO WORLD NEWS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Outerwear for everyone

Making a statement: Coats, jackets take style from inside out

From the blazer to bikers, knitwear to trenchcoats, there was outerwear to suit all tastes during of Toronto's LG Fashion Week.

Fall/winter collections showcased this week served up pared-down looks for the fashion minimalist in addition to amped-out outerwear with little extras for those looking to wow while walking into the room.

Whether it be subtle detailing on collars and cuffs, embroidery on lapels, or more extravagant bead work and graphics dominating the full length of the cosy creations, outerwear proved to reassert itself as a stylish stand-alone for the cooler months.

Bustle: Faded denims, eye-popping patterns, cosy knits and structured separates were among the array of styles on offer from the sportswear label inspired by contemporary Canadian art.

Tailored navy suit separates boasting faint white or dark hued pinstripes featuring the label's now-customary piping detailing in contrasting shades.

Yet it wasn't all about business in the collection which offered a more casual, laid-back look for fall with washed-out denim jackets and jeans in faded green and blue hues.

Button-down paisley and plaid shirts with French cuffs in bold pinks, blues and greens were worn in multiples or layered under jackets, thin wool sweaters and vests.

Jackets varied from collared denim to fitted biker-style leather, chunky knit and lambskin.

BUSTLE

TORSTAR NEWS SERVICE

THE CANADIAN PRESS

JOEFFER CAOC

The Joeffer Caoc collection, left, served up a mixture of structured, form-fitting separates. Meanwhile, the Bustle show (far left) gave faded denims the spotlight.

Runway shows

Toronto Fashion Week runway shows taking place today:

- Aime Luxury, 4 p.m.
- Project Runway Canada (closed house), 5 p.m.
- Nada, 7 p.m.
- Carlton Brown, 8 p.m.
- Ed Hardy, 9 p.m.

Lundstrom: Designer Linda Lundstrom served up a mix of body-contouring gowns to free-form separates in her wide-ranging collection, which featured designs saturated in rich hues like purple and navy with deep charcoal grey, buckskin hued wool and oatmeal knits and standard-bearer black in the mix.

Outerwear was a prime emphasis in the collection from the crisp and cosy collared black-and-white plaid lumberjacked-inspired jacket to the slouchy poncho and more blousy, geometric-inspired designs.

Lundstrom's signature Laparka coat got a redesign, featured as both a trench with removable hood alongside the familiar plush, ankle-length wool coat with fur trim known to many of the designer's followers.

LINDA LUNDSTROM

THE CANADIAN PRESS

Above: Outerwear was a prime emphasis in Linda Lundstrom's wide-ranging collection. Below, left: Zoran Dobric's zip front-detailed jacket.

Joeffer Caoc: The Toronto-based designer infused his feminine designs with a hard-rock edge in his latest collection.

Caoc serves up a mix of structured, form-fitting separates like slick puff sleeve tops and a nylon motorcycle jacket and tailored straight pants in wool and cashmere, to his signatured draped detailing in asymmetrical designs like a lush red silk jersey dress.

Metallics shimmered, dazzled and shone on the runway, from a one-shoulder body-contouring copper creation to an eye-popping body suit and matching pant.

Zoran Dobric: The Serbian-born, Toronto-based desinger fused influences from the disparate worlds of art, electronica and rap in his latest collection inspired in part by Gustav Klimt.

Dobric took the idea of the Austrian artist's colourful landscapes but dialled down the colours, creating a monochromatic grayscale saturated with black, grey, white and nudes.

Dobric put his personal stamp on the collection with use of his now-familiar self-styled prints, incorporating his complex geometric prints and mosaic-style patterns as detailing on blazer panels or to wider effect on separates and dresses. **THE CANADIAN PRESS**

ZORAN DOBRIC

THE CANADIAN PRESS

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Kenya's**Style**

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

Modelling for heart health
Models in this year's Toronto Heart Truth fashion show included Natalie Brown, Sass Jordan, Arisa Cox, Amy Sky and Kreesha Turner. METRO

The biggest style trends for fall '09

KENYA HUNT
Metro World News

1 THIGH HIGH BOOTS
These were everywhere, adding a bit of sex (always a big seller) to fall: Louis Vuitton, Stella McCartney, Roberto Cavalli, Chloe, Prada, Rodarte, Gucci, and the list goes on and on.

2 FUR
Not sure how PETA let this happen, but animal skin will be all the rage for autumn. It came in electric colors at Thakoon and Dolce & Gabbana, and in oversized proportions at Burberry and Matthew Williamson, just to name a few examples.

3 THE POWER SUIT
As more women think about job interviews in the face of layoffs or returning to work after a life of leisure, designers from Donna Karan to Alber Elbaz aimed to provide them with the wardrobe items they'll need.

FlareFashion

Lisa Tant
Read the blog at metronews.ca/flarefashion

Style **off the runway**

ENZA ANDERSON/FOR METRO CANADA

Read Metro this week for columnist Enza Anderson's best picks of "off the runway" fashionistas during Toronto Fashion Week. Among the crowd were Laura Dupuis, left. She describes her fashion sense as: "I try to do something that's show stopping. I like wearing bold colours. I like taking a risk." Also working some colours and accessories amid the fashion action was Amy Patel, right.

A runway mooning

FASHION WEEK The tiny butch cop from Corner Gas mooned the prime minister's wife earlier this week in a historic moment for Canadians.

"I'm so excited!" Laureen Harper exclaimed. "It's my first (Toronto) fashion show."

Wearing a Sunny Choi pantsuit and bright red lipstick, Harper joined hundreds of other stylish guests at LG Fashion Week for theHeart Truth Fashion Show, sponsored by the Heart & Stroke Foundation of Canada and the Canadian fashion industry.

The event which featured 20 celebrity "models" wearing red dresses by Canada's top designers.

But it was actress Tara Spencer-Nairn who may have made the biggest impression of the night.

Actress Tara Spencer-Nairn showed off more than expected at Toronto Fashion Week.

Skipping down the runway in a flirty, peasant-style frock by Damzels in this Dress, Spencer-Nairn struck a pose that left little to the imagination.

TORSTAR NEWS SERVICE

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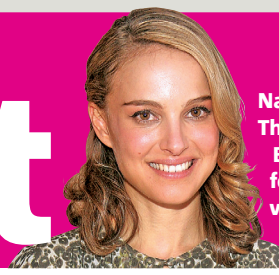
Ricci ready to marry

Christina Ricci is set to tie the knot. The actress recently became engaged to her boyfriend, actor Owen Benjamin, her rep confirmed to Us Weekly. Ricci and Benjamin have been dating publicly since November. **METRO WORLD NEWS**

Entertainment



Top choice

Natalie Portman is set to appear in Thor. She is director Kenneth Branagh's top choice to play the female lead in the upcoming Marvel blockbuster about the Norse warrior god. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

MSTRKRFT drops new beats

MSTRKRFT

Album: Fist of God
Label: Last Gang/Universal
Rating: ●●●

MSTRKRFT HAVE LEARNED a thing or two since they released their 2006 debut. Most importantly, the Toronto-based dance duo ditched their obnoxious vocodor in favour of guest artists including Ghostface Killah and John Legend. Thankfully, the group retained their synth-heavy club beats and hyperactive charm, but it's still not enough to transform these guys into world class DJs. The problem lies in precisely what makes them so interesting — nearly every song works well on its own, but about halfway through the disc the frenetic keys and blistering drums get repetitive. It's a decent listen, but they're not done learning yet.

Bryan Borzykowski/for Metro Canada

Music**Reviews**

music@metronews.ca

Attack **In Black**

Album: Years (by one thousand finger tips)
Label: Dinealone Records
Rating: ●●●

ATTACK IN BLACK'S Marriage was an album that deserved a lot more praise than it got. The Welland, Ont., band's brand of high energy guitar rock was perhaps too melodic, too catchy, to win the hearts of the in-crowd. Rightly or wrongly, Attack In Black has changed directions in its ambitious new 16-track CD, Years (by one thousand fingertips), sounding more like a Toronto alt-country band of poets than the little brothers of Alexisonfire. It's almost as if the band just discovered '70s-era Neil Young. (listen to the song Birmingham). Which, of course, is not a bad thing, especially if you have the chops to pull it off. Attack In Black definitely does. Hopefully, the band realizes that the "in-crowd" never really did matter.

Graham Rockingham/for Metro Canada

LAST GANG RECORDS PHOTO

Fist of God is the latest album from Toronto-based dance duo MSTRKRFT.

Bishop **Allen**

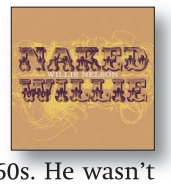
Album: GRRR...
Label: Dead Oceans
Rating: ●●●

IF TV AND movies have done anything lately, it's introduce the masses to great indie rock (Death Cab and OC, The Shins and Garden State). Will Brooklyn's Bishop Allen, who had a cameo in Nick & Norah's Infinite Playlist, find Hollywood-initiated success? Not if their third album is any indication. While it's a pleasant indie pop listen, it's not meaty enough to resonate in a major way. That said, fans of light, infectious choruses and easy-to-sing lyrics will want to give it a spin. It's a solid summer disc, but not much more than that.

Bryan Borzykowski/for Metro Canada

Willie **Nelson**

Album: Naked Willie
Label: RCA/Sony
Rating: ●●½



OKAY, WE KNOW that Willie had some bad experiences in Nashville during the '60s. He wasn't your typical countrypolitan sort of singer. The lush orchestration and treacly background singers didn't sort his kind of music. So the idea for this album seems like a sound one — strip away all the frills from some those recordings and we'll have the Willie we've come to know and love. Well, yes and no. There are some wonderful moments here like the heartbreakers Happiness Lives Next Door, The Party's Over and I Just Dropped By. There's also his remarkable rendition of the early Kris Kristofferson masterpiece, Sunday Morning Coming Down and his unabashed protest against the Vietnam War, Jimmy's Road. But there's also the lame Where Do You Stand, the Mac-the-Knife-like Bring Me Sunshine and the ridiculous Johnny One Time. This would have been a much better album pared down from 17 to 12 tracks. If you want to hear the real "naked" Willie, search for an album called Crazy: Demo Sessions.

Graham Rockingham/for Metro Canada

Madeleine **Peyroux**

Album: Bare Bones
Label: Rounder
Rating: ●●●●

MADELEINE PEYROUX'S FIRST three albums established her as some sort of second coming of Billy Holiday. And no doubt her fans would have been happy if she continued singing well-mined nuggets from the past or inspired interpretations of Leonard Cohen. But here Peyroux proves that she can also write a beautiful song — with the help of masters like Walter Becker (Steely Dan) and producer Larry Klein (Joni Mitchell). Although the music sounds familiar, it wouldn't be fair to write these 11 originals off as "more of the same." There is a depth to this songwriting that should be savoured. There are lyrical passages here on almost every song that are worthy of Cohen. And the musical accompaniment is what we've come to expect ... brilliant. Serve with candlelight and wine.

Graham Rockingham/for Metro Canada

On the web

There's more online at metronews.ca/music:

- Links to this week's reviewed music

Training for Fame
Taking the Stage
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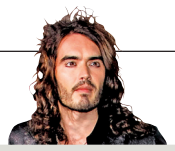


Brand set for Arthur remake
Russell Brand is set to star with Sir Anthony Hopkins in a remake of Arthur. The comedian is playing the role made famous by Dudley Moore, while Hopkins has been tipped for the role of a wise-cracking butler Hobson. FEMALEFIRST.CO.UK

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Britney brings the Circus to town

Britney **Spears**
Venue: Air Canada Centre
Rating: ●●●

KEITH CARMAN
for Metro Canada

Britney Spears is an icon. Her visage and voice are instantly recognizable — sometimes even more so than her actual music.

Despite selling 62 million albums worldwide, the last 18 months have seen the 27-year-old pop princess gain more column inches for her personal life.

From run-ins with paparazzi to unusual hairstyles, freak-outs and "overexposure" of That Which Should Not Be Named, she has degraded from musical maven to muckraked mistress.

Therefore, it was with bated breath that many of us awaited not only her aptly-named comeback effort Circus, but the ensuing tour. Would it be a repeat of her groan-inducing 2007 MTV Video Music Awards performance, or a return to form as a baby-eyed, fresh-faced minstrel?

ConcertReview
music@metronews.ca

Surprisingly, it was a strong case of the latter — sans juvenility, mind you. Spears utilized everything from an introduction by primary detractor Perez Hilton to an onslaught of dazzling lights, acrobatic performers and intense choreography to ensure the tour was an all-out spectacle.

A three-ring stage — which offered an incredible vantage point from any seat in the house — a full-drop curtain, top hats, a warm-up show by passable all-girl troupe Pussycat Dolls and a sideshow that included prop-spinning and juggling maximized the revelry and carnival-esque atmosphere.

Lowered from the rafters in full Grand Marshal regalia, Spears plowed through a strong sampling of tracks from her career. Tunes from Piece Of Me through Ooh Ooh Baby and Womanizer were rolled out with an endless stream of props, from tiger cages to Hula Hoops.

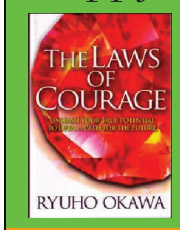
Even the debate over whether or not Spears is actually singing or in fact lip-synching is rendered somewhat pointless. Miniscule elements such as actually singing can be overlooked for the grand gesture: A dazzling array of multi-media centred on one woman's life ... and occasionally songs.

Spears has done an incredible job of coming out as spotless as she does primped and primed. Thanks to this Circus, she has potentially wiped out the memory of the last year-plus of degrading behaviour with one well-planned, well-executed tour.

SAUL PORTO/TOPNEWS

Britney Spears performs last night at the Air Canada Centre as part of her Circus comeback tour.

Happy Science



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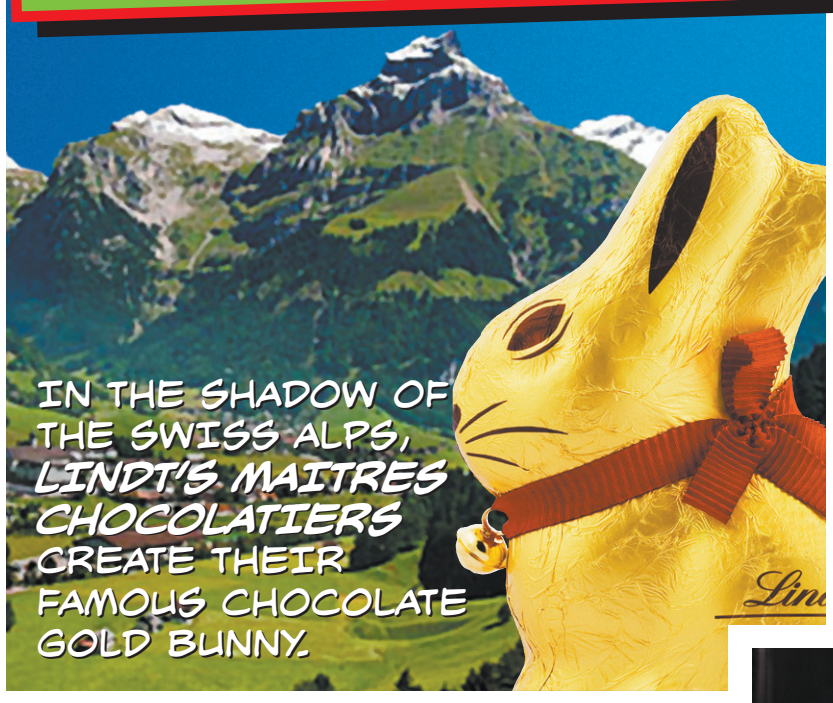

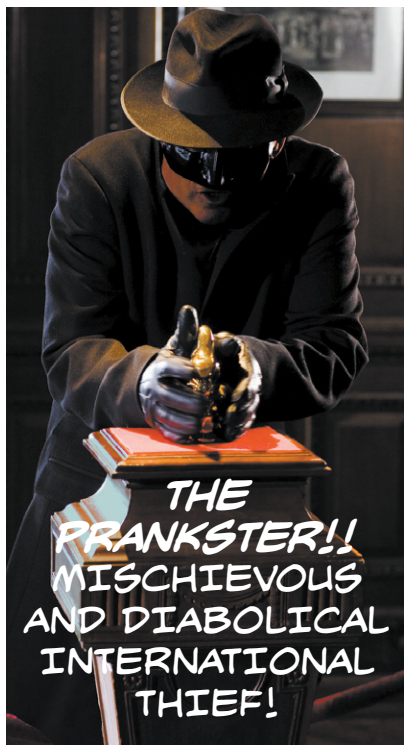

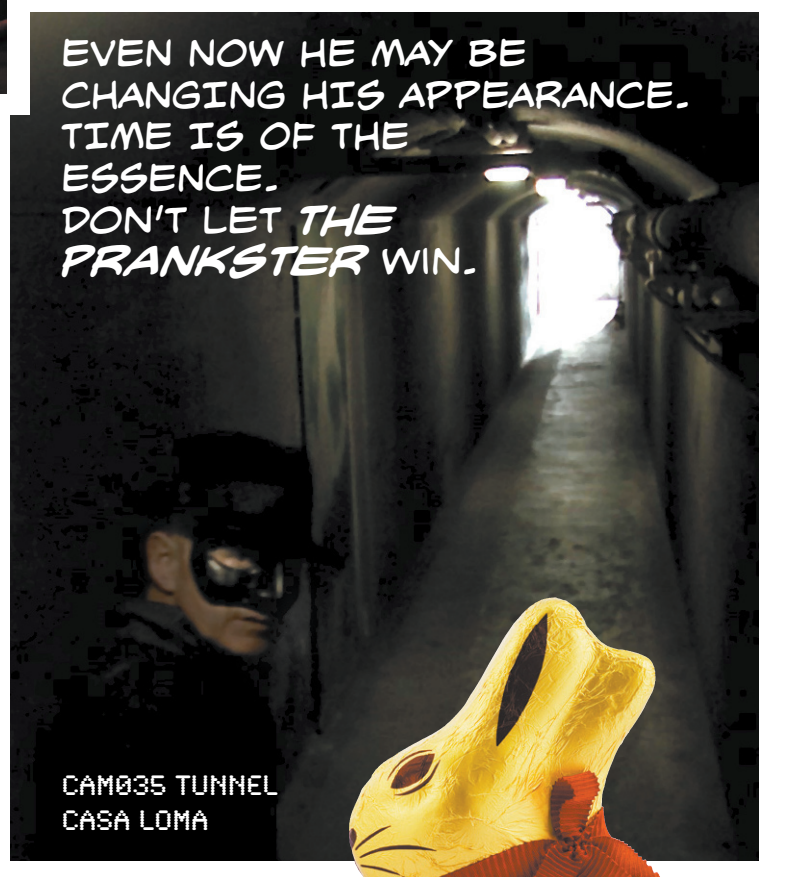

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Keach cancels

Stacy Keach was due to take the stage in a Los Angeles touring production of Nixon/Frost Tuesday evening, but cancelled his performance due to undisclosed health reasons. **PEOPLE.COM**

PETER KRAMER/THE ASSOCIATED PRESS

In this May 5, 2008 file photo, actress Natasha Richardson arrives at a gala in New York.

Richardson dies after fall on ski hill

Natasha Richardson, a gifted and precocious heiress to acting royalty whose career highlights included the film Patty Hearst and a Tony-winning performance in a stage revival of Cabaret, died yesterday at age 45 after suffering a head injury from a skiing accident in Quebec.

Alan Nierob, the Los Angeles-based publicist for Richardson's husband Liam Neeson, confirmed her death last night in a written statement.

"Liam Neeson, his sons, and the entire family are shocked and devastated by the tragic death of their beloved Natasha," the statement said.

"They are profoundly grateful for the support, love and prayers of everyone, and ask for privacy during this very difficult time," the statement added.

The statement did not give details on the cause of death for Richardson, who suffered a head injury when she fell on a beginner's trail during a private ski lesson at the luxury Mont Tremblant ski resort in Quebec.

She was hospitalized Tuesday in Montreal and later flown to a hospital in New York City.

Her husband was reportedly in Toronto at the time of Richardson's accident filming the movie Chloe with Julianne Moore.

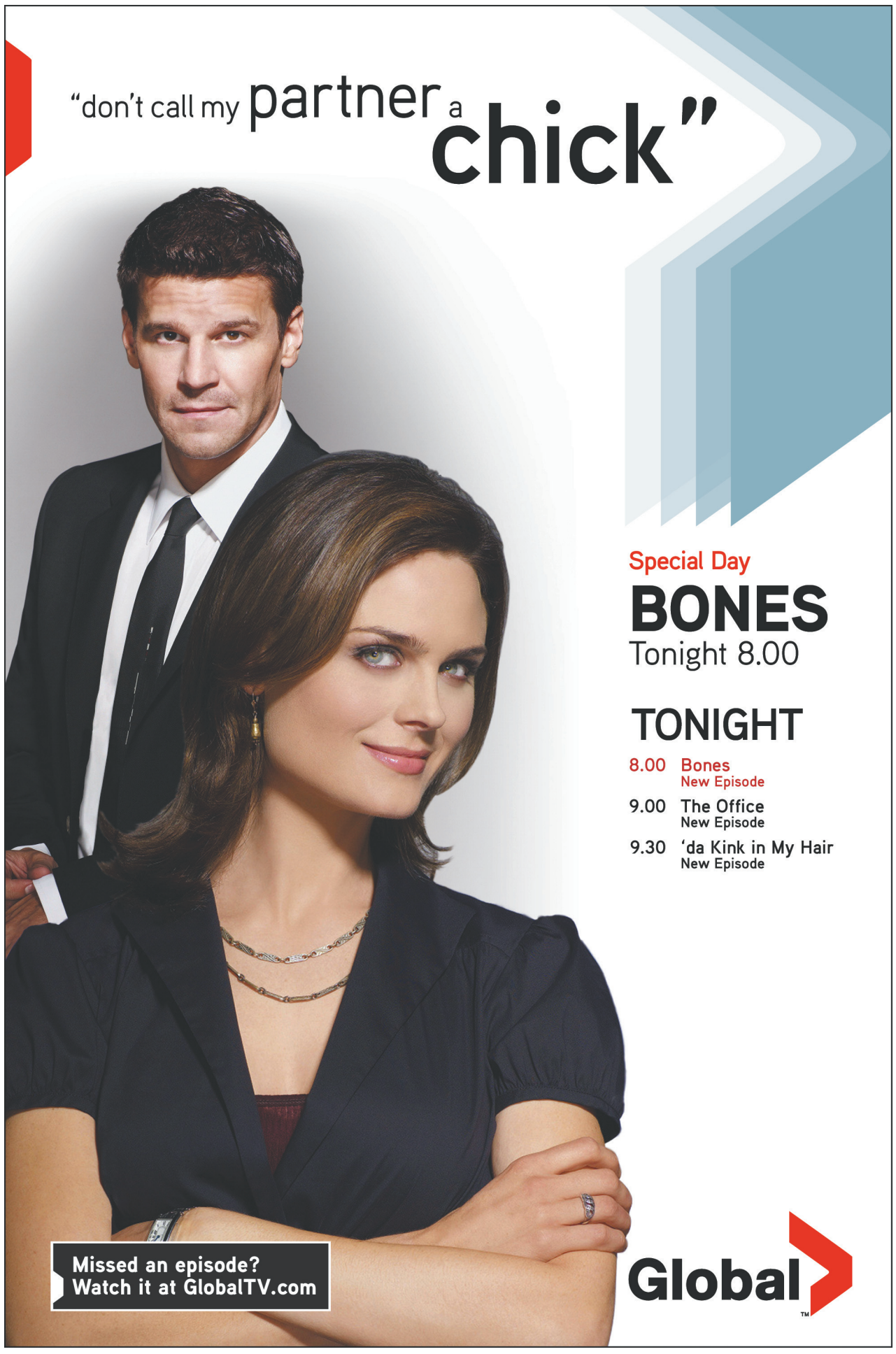
Producers confirmed that Neeson immediately left the Toronto set upon news of his wife's accident.

Family members were seen coming and going from the New York hospital where Richardson was reportedly taken.

Vanessa Redgrave, Richardson's mother, arrived in a car with darkened windows and was taken through a garage when she arrived at the Lenox Hill Hospital on Manhattan's Upper East Side at around 5 p.m. Wednesday.

An hour earlier, Richardson's sister, Joely, arrived alone and was swarmed by the media as she entered through the back of the hospital.

THE ASSOCIATED PRESS



20TH CENTURY FOX/AFP/GETTY IMAGES

From left, Natasha Richardson, Jodie Foster and Liam Neeson in a scene from Nell (1994).

Actress's success transcended lineage

CAREER When Natasha Richardson started in the acting business, it was her connection to Britain's acting dynasty, including grandfather Sir Michael Redgrave and mother Vanessa Redgrave, that put her foot in the door.

She went on to build a career in her own right, with a combination of movie and theatre roles, including a Tony-winning turn as Sally Bowles in a Broadway production of Cabaret.

"Certainly (having famous parents) opened a lot of doors when I first started out, because people were curious," said Richardson in a 1990 interview with the Toronto Star. "It never got me a job."

Richardson's famous acting family includes sister Joely (known for her role on the TV series Nip/Tuck) and aunt Lynn Redgrave. Her father, Tony Richardson, was an Oscar-winning director who died in 1991. Her maternal grandmother Rachel Kempson and uncle Corin Redgrave were also actors.

Natasha Richardson, who died last night after being injured in a skiing accident at Quebec's Mont Tremblant on Monday, has also gained attention for her marriage to fellow actor Liam Neeson.

SONY PICTURES CLASSICS

Natasha Richardson and Ralph Fiennes in The White Countess (2004).

JOAN MARCUS

Left, Natasha Richardson as Blanche DuBois with Amy Ryan as Stella Kowalski in a 2005 Broadway production of A Streetcar Named Desire.

Richardson's three-year marriage to filmmaker Robert Fox ended in 1992 and she married the Irish-born Neeson in 1994. The couple have two sons.

Both Richardson and Neeson appeared in the 1994 film Nell, starring Jodie Foster, but apparently fell in love while performing together in a Broadway revival of Eugene O'Neill's Anna Christie.

Richardson trained at London's Central School of Speech and Drama.

TORSTAR NEWS SERVICE

Idol's on top
American Idol received the No. 1 and No. 2 spots from Nielsen Media Research for last week. The Tuesday broadcast garnered the Fox network 25.77 million viewers, while Wednesday's show earned 25.55 million viewers. THE ASSOCIATED PRESS

Warhol show brings together portraits

Smiling, cherry-lipped princesses, rock royalty, politicians, artists in eye-popping hues and, of course, Marilyn Monroe, her melancholy face reproduced over and over.

A vast new exhibition that opened yesterday at Paris' Grand Palais brings together Andy Warhol's iconic celebrity portraits and works depicting those who had $40,000 US or more to spare for a set of commissioned canvases.

Warhol churned out an estimated 1,000 portraits — most of them commissions. "Warhol mentioned that all the portraits should have the same size and that altogether they could form a portrait of society," said the exhibit's curator, Alain Cueff, one recent day while the works were being hung. The show runs through July 13.

THE ASSOCIATED PRESS

REMY DE LA MAUVINIERE/THE ASSOCIATED PRESS

Museum employees prepare to hang a work by Andy Warhol at Paris' Grand Palais, where portraits by the artist are on display.

Get celebs off the cover: Model

PUBLICITY He's crossed over from modelling to acting, but Tyson Beckford says he wishes actors and musicians wouldn't jump into the business that made him famous.

THE ASSOCIATED PRESS

Beckford

Beckford, host of Bravo's Make Me a Supermodel, says that when they do, it takes jobs away from models. "You have to do a lot of tweaking and airbrushing to get the same from a celebrity that you would get from a model.

"A lot of celebrities — I'm gonna tell you right now — they're not 5'11"; they're not a size two to fit into these designer dresses, but the designers want exposure so they're willing to make the specific dress for that actor or actress to get them to look good on the cover."

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Are Reese and Jake engaged?
According to Star, Reese Witherspoon arrived at a photo shoot wearing an engagement ring from boyfriend Jake Gyllenhaal, but soon took it off. IMDB.COM

Slumdog's jackpot

Movie lands spot on China's import list

Academy Award-winning Slumdog Millionaire has secured a coveted slot as one of 20 major foreign movies that China will import this year, a distributor said yesterday.

Many Hollywood movies miss out on the booming Chinese cinema market because of the annual quota, and others are weeded out by the censorship process. Censors are wary of unflattering portrayals of the country and its people, explicit sex and violence and sensitive topics like Tibet.

But Slumdog Millionaire cleared Chinese censors easily, Zhang Hongyan, a publicist for the distributor, Hong Kong-based Edko Film, told The Associated Press in a phone interview yesterday.

PHOTO CREDIT
Danny Boyle

Director Danny Boyle will attend the movie's premiere in Beijing next Wednesday, with the film going on general release in at least 2,000 theatres across China the next day, Zhang said.

Slumdog Millionaire tells the story of an 18-year-old orphan who rises from the streets of Mumbai to become the biggest winner ever on India's version of Who Wants to Be a Millionaire. It won eight Oscars, including best picture and best director for Boyle.

China only allows 20 foreign movie imports a year on a revenue-sharing basis, as opposed to buying distribution rights for a flat fee. Hollywood studios prefer the revenue-sharing model so they can make more money if the movie is a big hit. THE ASSOCIATED PRESS

Spears' ex-boyfriend ordered to stay away

COURTS A Los Angeles judge has issued a restraining order against Britney Spears' ex-boyfriend Adnan Ghalib.

Superior Court Judge Aviva K. Bobb signed the restraining order after a brief hearing yesterday morning. The order covers the singer, her parents and her sons.

The restraining orders are in effect until midnight on March 17, 2012.

In January, Jamie Spears sought protection on his daughter's behalf against Ghalib, her former business manager, Sam Lutfi, and lawyer Jon Eardley.

Court documents contend the trio have tried to undermine the 27-year-old singer's conservatorship, which was established after a series of high-profile incidents of erratic behaviour.

Jamie Spears' lawyer told the judge that Ghalib hadn't filed any objections to a protective order. Neither Ghalib nor his lawyer have appeared at previous hearings. THE ASSOCIATED PRESS

Kanye faces charges over scuffle

COURTS Los Angeles city prosecutors have charged Kanye West with misdemeanour battery, grand theft and vandalism over the videotaped destruction of a paparazzo's camera.

West was arrested at Los Angeles International Airport in September. The celebrity gossip site TMZ shot video that showed West breaking the flash of a photographer's camera, and his manager breaking the camera itself and accosting TMZ's videographer.

West faces 2 1/2 years in jail if convicted.

Jonas Bros. to tour in Canada

TOUR The Jonas Brothers are embarking on a supersized world tour this summer that will feature six stops in Canada — in Vancouver, Edmonton, Winnipeg, Montreal, Toronto and Ottawa. The band said in a conference call yesterday that they're looking forward to visiting Canada. THE CANADIAN PRESS

TO 3/19/09

	Vu	SC		C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	265	353	2	TVO	We Built This City		The Agenda With Steve Paikin		Blackpool		Masterworks		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Bones (HDTV PA) (N)		The Office (N)	Kink in Hair	The Unit "Switchblade"		News
	215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Coronation St.	Jeopardy! (N)	Doc Zone (HDTV) (N)				CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		Ugly Betty (N)		30 Rock	30 Rock	Hell's Kitchen (PA) (N)		News (N)
	212	313	8	CTV	etalk	Hollywood	CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		ER "Shifting Equilibrium"		News (N)
	218	345	11	E!	The Insider (N)	E! News	Name Is Earl	Kath & Kim	My Fabulous Gay Wedding		ReGenesis		News (N)
	137	763	13	TFO	Panorama		Météo	Nouv. mondes	*La Strada* ★★★★ (1954, Drame) Anthony Quinn.				Volt
	-	-	14	-	Raymond	Raymond	News (N)		Pasargad Norouz Program		Two/Half Men	King	Cold Case
	213	326	15	SUN	Scrubs	George Lopez	Smallville "Turbulence"		Supernatural (HDTV) (N)		Akron: Live From the Bell Centre (HDTV)		
	-	387	16	CBS	College Basketball NCAA Tournament First Round -- Teams TBA.					College Basketball: NCAA Tourn. 1st Rd. -- Teams TBA			
	-	385	17	NBC	The Insider (N)	Entertainment	Name Is Earl	The Office	The Office (N)	30 Rock	ER "Shifting Equilibrium"		News (N)
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (N)		Grey's Anatomy (N)		(10:02) Private Practice (N)		News
	219	346	20	ACH-B	Instant Star	TMZ (N)	Wife Swap (N)		America's Next Top Model		(10:02) Private Practice (N)		News (N)
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	Bones (HDTV PA) (N)		Hell's Kitchen (PA) (N)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Goodnight Swt.	Things That Aren't There Anymore			Buffalo's Houses of Worship			Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	Smallville "Turbulence"		Supernatural (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (N)		WBZ News (N)	'70s Show	Frasier	Frasier	Punk'd
	298	653	332	TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Friends	KTLA News	Two/Half Men	Two/Half Men	Smallville
news	502	390	26	NW	CBC News	Newman	The Hour Don Campbell.		CBC News: The National		Geologic Journey		National
	500	500	33	CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Kudlow Report		CNBC Reports (HDTV)		Untold Wealth: Super Rich		On the Money		Mad Money
sports	405	417	22	net	Hockeycentral	NHL Hockey Toronto Maple Leafs at Florida Panthers. (HDTV) (Live)					Baseball World Classic -- Teams TBA.		
	400	400	30	TSN	That's Hockey!	Boxing	NBA Basketball Portland Trail Blazers at Cleveland Cavaliers.					SportsCentre	
	411	457	58	OLN	Bounty Hunter	Bounty Hunter	Survivorman		Mantracker "Buck & RJ"		Bounty Hunter	Bounty Hunter	Survivorman
	417	406	81	SC	American Le Mans Preview		Project LMP1: Acura		Bullrun (HDTV)		Bullrun (HDTV) (N)		Amer Le Mans
family	551	542	25	YTV	True Jackson	H2O, Just Add	Malcolm-Mid.	Futurama	In Real Life		Falcon Beach (DVS)		Mystery Hnt.
	554	544	45	TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	*Futurama: The Beast With a Billion Backs* (2008, Comedy)			
	556	540	51	FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design	Love It-List It	House
	570	580	29	MM	Paris Hilton's British Friend		Punk'd	Punk'd	Springbreak.09		disBand	disBand	Video on Trial
	615	520	31	A&E	The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV) (N)		The Beast "The Walk In"		The Beast
	700	800	35	TLN	Centrovetrine	Sky TG 24	Il Grande Cocomero				Raymond	Raymond	George Lopez
	571	581	36	MMM	mmmtop	Back In	MuchMoreMusic Live		RuPaul's Drag Race		RuPaul's Drag Race		Listed
	575	583	38	CMT	Our Song	Flashback	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Coyote Ugly
	616	521	39	SHO	The Outer Limits		Love-Death	Love-Death	Trailer Park	Trailer Park	*Crank* ★★ (2006, Action) Jason Statham.		
	620	523	40	BVO	Camera	Snapshot	Bathroom Divas-Opera Star		*Know Your Mushrooms* (2008, Documentary)			Manitowapow	Law & Order
	601	562	41	SLC	Skin Deep	Til Debt-Part	X-Weighted		X-Weighted Dancer.		X-Weighted "Kristi"		ET Canada
	522	506	43	HIS	NCIS "Vanished"		Ancient Disc.		Go Deep "Ice Wreck"		NCIS "Vanished"		Sea Hunters
	625	548	44	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	VIP	House Party	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Holmes on Homes		The Fix	Disaster DIY	Home to Flip	Real Renos	Holmes-Homes
	294	529	47	TBS	House-Payne	House-Payne	Friends	Friends	Friends	Friends	*'Crocodile' Dundee* (1986, Comedy)		
	576	582	49	BET	106 & Park: BET's Top 10 Live		*The Matrix Revolutions* ★★ (2003, Science Fiction) Keanu Reeves, Laurence Fishburne.						Judge Hatchett
	627	528	50	SPC	Stormworld	Grand Star	Star Trek: Voyager		Ghost Hunters		Chuck (HDTV)		Stargate SG-1
	581	566	52	MTV	Room Raiders	After	MTV News	Cribs	Making the Band 4 (N)		Taking the Stage (N)		MTV Live
	618	524	54	TROP	Vanity Insanity	Inside Hollywood (DVS)		Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	603	561	56	FOOD	Chef at Home	Chef at Home	Restaurant Makeover		Unwrapped	Secret Life of	Family	Glutton-Punish.	Ace of Cakes
	261	394	60	V	Murder, She Wrote		Wait for God	'Allo, 'Allo!	*The Big Heat* ★★ (1953, Crime Drama) Glenn Ford.				Poltergeist
	621	527	63	STR	The Ellen DeGeneres Show (N)		TMZ (N)	etalk	Off the Leash	Off the Leash	The Tonight Show-Jay Leno		TMZ
	553	546	65	TRE	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby
	115	711	101	TVA	Histoires-filles	Star Académie:	La Classe de 5e (N) (SC)		Taxi 0-22 (SC)	Caméra café	TVA 22 heures	(10:45) Denis Lévesque	
	126	730	102	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	526	507	249	VIVA	Judging Amy		Most Haunted		Most Haunted Boys Hall.		Passion	Homicide File	Psychic Inv.
	300	601	301	M1	(6:45) *In the Valley of Elah* ★★★ (2007, Drama)				*Savage Grace* ★★ (2007, Drama) Julianne Moore.				*Partition*
	305	612	306	PIX	*Apollo 13*	(7:20) *Night Passage* (1957, Western)			*Little Nikita* ★★ (1988, Drama)			(10:40) *Cube* (1997)	

critics' corner

Know Your Mushrooms
Ron Mann ("Grass," "Tales of the Rat Fink") applies his cheeky filmmaking style to the fungus among us with this documentary, which is packed full of fun facts about mushrooms — from the mundane to the magic kind — and the people who love them. Centered around an annual festival of fungi in Colorado, it introduces such colorful figures as Larry Evans, the "Indiana Jones of mushrooms." 9 PM on BVO

Ancient Discoveries
Dark ages, indeed! For those who think humankind didn't get it together until the turn of the 20th century, this series has lots of surprises. It reveals that many so-called "modern" inventions were conceived hundreds or even thousands of years ago. Among the clues: ancient Egyptian drawings of helicopters and a 600-year-old Italian design for a gunpowder-powered "rocket car." Robots? Meet the third-century inventor of the mechanical maid. 1 PM on HIS

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SHOPPERS DRUG MART

Lucky Lange

Jessica Lange was extremely lucky yesterday after taking a fall at her Minnesota cabin. Family sources tell TMZ the actress grabbed for a railing that was not secure and fell over, breaking her shoulder and collarbone and dislocating her arm. METRO NEWS SERVICES

Celebrity Buzz

Skin caught in between?

No worries Bioré® Skincare has your fix.

Charitable Britney fears death threats

PEOPLE Britney Spears — who performs her second show in Toronto tonight — is planning to visit sick children when her tour comes to London, England, in June, femalefirst.co.uk reports.

The singer was so moved by her visit to Miami Children's Hospital earlier this month she has decided to repeat the experience at Britain's Great Ormond Street hospital.

A source said: "She would really like to do this. In Miami she met up with 40 kids and posed for pictures with them.

"She found it really moving that just a couple of minutes with the children could mean so much to them."

The 27-year-old star is due to bring her Circus tour — which kicked off in New Orleans two weeks ago — to London's O2 arena in two months, but is already threatening to cancel her remaining shows after receiving death threats.

The website says Spears is reportedly worried the lives of her sons Sean Preston, three, and Jayden James, two, could be in danger following the menacing messages.

A source said: "Britney received some anonymous death threats over the phone and in the mail, and her worst fear is a kidnap plot against Sean or Jayden. She's been having terrible nightmares ever since then and she wakes up in the middle of the night crying out for her boys.

"She told her head of security and he thinks it's a lone stalker. Her paranoia has reached fever pitch and she's wracked with fear," femalefirst.co.uk quotes the source as saying.

METRO NEWS SERVICES

GETTY IMAGES

Sarah goes psychic?

PEOPLE Sarah Jessica Parker hopes visits to a psychic will improve her marriage, according to Grazia magazine.

The Sex and the City star has reportedly been shelling out $105 per visit to Psychic Serena to heal the bond with husband Matthew Broderick after claims he was unfaithful.

"It's all about working on their positive energy as a couple and making the right decisions based on what Serena advises," a source says.

But it looks like Broderick isn't exactly on the same page. "Sarah Jessica is open-minded about seeing a psychic, but she doesn't take Matthew along with her. He just doesn't seem to take it seriously."

METRO WORLD NEWS

Jacko set for world tour?

CAREER After all 50 of his scheduled London shows this summer exceeded expectations and sold out in a matter of hours, Michael Jackson is reportedly considering expanding his farewell foray.

The former King of Pop is expected to announce similar long-stay engagements in New York and Los Angeles, according to Perez Hilton, and may even embark on a world tour.

METRO WORLD NEWS

Katy loves Queen ... a lot

PEOPLE Katy Perry wants a tattoo of Freddie Mercury's face, femalefirst.co.uk reports.

The I Kissed a Girl singer wants to pay homage to the late Queen frontman by getting a giant design of his head inked on her back.

She said: "I nearly got a huge tattoo of Freddie Mercury's face on my back a few years ago. It's probably for the best that I didn't get it done, but I still want to do it."

The 24-year-old singer has previously named the eccentric star as her musical idol because of his flamboyant personality.

She explained: "Freddie Mercury was — and remains — my biggest influence. The combination of his sarcastic approach to writing lyrics and his 'I don't give a f—' attitude really inspired my music."

METRO NEWS SERVICES

Emily's on-screen double-timing

CAREER Emily Blunt found it "strange" kissing Tom Hanks and his son, femalefirst.co.uk reports.

The actress shared a love scene with the elder Hanks in Charlie Wilson's War and also kissed his son, Colin, in The Great Buck Howard.

"I was before dad," Colin said. "Without sounding chauvinistic and possessive of her — I had her first ... Emily did say ... 'It's very strange to kiss both the son and the father.'"

METRO NEWS SERVICES

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Big Sheen sisters
Charlie Sheen and wife Brooke Mueller welcomed twins Max and Bob on March 14, but the proud parents aren't the only ones jumping for joy: Sheen and ex Denise Richards' daughters Sam, five, and Lola, three, are excited to be big sisters. METRO NEWS SERVICES

Celebrity Buzz

John planning tell-all?

RUMOUR John Mayer is considering dishing dirt now that he's split again from Jennifer Aniston, according to Star magazine. According to reports, the singer has been overheard saying he's got a lot of great material for a tell-all book.

"John just can't keep his mouth shut," a Mayer pal tells the magazine. "He's telling friends that he's thinking of going public with all their juicy secrets."

And one of those secrets allegedly involves Aniston accidentally calling Mayer "Brad" — while in bed together.

METRO WORLD NEWS

Guy on the rebound?

RUMOUR This is one way to move on. Recently divorced Guy Ritchie was spotted having dinner in London earlier this week with Elle Macpherson. The reportedly enjoyed each other's company at the Knotting Hill Brasserie, staying until after midnight. They then left separately to avoid being photographed together, according to just jared.com.

METRO WORLD NEWS

LeAnn's secret affair?

RUMOUR LeAnn Rimes is reportedly having an affair with Eddie Cibrian, alleges femalefirst.co.uk

The website reports the 26-year-old star — who married her former backing dancer Dean Sheremet in 2002 — has been spotted kissing her married co-star after getting close to him on the set of TV movie Northern Lights, according to Us Weekly.

Security camera footage from Laguna Beach hotspots Mosun and Club M shows the two holding hands and kissing on a romantic dinner date. The couple also reportedly met for a three-hour tryst at the Malibu Beach Inn on March 14, the website also alleges.

Cibrian — who has recently appeared in the shows Ugly Betty and Samantha Who? — married model Brandi Glanville in 2001 and the couple have two young sons, aged five and 23 months.

METRO NEWS SERVICES

Welcome to marriage: Jon to Vince

ADVICE Vince Vaughn, let your pal Jon Favreau be the first one to welcome you to the "day shift," people.com is suggesting.

Favreau, who has been married with children for a number of years, talked to People about his friend and costar's recent engagement at the L.A. premiere of I Love You, Man, and what that means for Vaughn's lifestyle.

"Vince has been single for a number of years and we've been on different schedules," Favreau said. "He was sort of on the night shift; I was on the day shift, living on opposite ends of town."

And, he admits, as he settled down, "town" got smaller. "My trick really so far has been to work in town. I won't work on movies that as a director take me out of town.

"I like to be in California so I can be involved with my kids' school life, their personal life and be a dad and a husband," he said. "And that helps balance out the crazy hours and bigger than life career that I'm lucky to have."

As for his own history with Vaughn — the 38-year-old ladies' man who is finally settling down himself with Albertan Kyla Weber — the guy friends have come full circle, it seems.

"It was nice to work with him on Couples Retreat, and that movie is about couples, and it was interesting to explore that with him after our first experience with Swingers. And that was about being single. So, I think as our lives change, the subject matter of our movies change too, reflecting our lives," Favreau said.

He added: "I wish Vince the best. He's always been a smart guy. He's always been decisive at everything he does in his life and his career. I'm always impressed with his choices and the way that he goes about things."

METRO NEWS SERVICES

Anna's funny life philosophy

PEOPLE Anna Faris has the perfect solution for dealing with challenging situations: Find the humour in everything, people.com reports.

"I'm embarrassed on almost a daily basis," Faris, 32, tells Self magazine for its April issue. "You sort of have to suck it up sometimes."

Take, for instance, when fans approach The House Bunny star. Often, she says, the conversations are less than tactful.

"They say stuff like, 'You're so much shorter in person,'" Faris says. "Or 'Oh, my god, you look just like that girl, but you are a lot prettier than she is.'

"You have to grin and bear it," Faris says. "I might say in return, 'I know I looked skinnier in The House Bunny, but thanks to my diet of beer and doughnuts, I'm back to my fightin' weight!'"

The funny actress says she developed her sense of humour over the years after being raised in a strict environment with conservative parents.

"Anything with a V-neck was forbidden," she says of her regimented childhood.

In fact, Faris still strives for her parents' approval. "Even though I'm now in my 30s, I still have my parents sort of haunting me to 'act appropriate' and 'have good manners,'" she says, noting that she's found a way to deal with the issue. "I buy my mom off," Faris jokes. "With the Scary Movies, I started giving her Louis Vuitton handbags. "Now she wants a villa in Tuscany," she says. "I've created a monster!"

METRO NEWS SERVICES

Timberlake Tequila on way

CAREER Looks like Justin Timberlake is exploring yet another profession.

The singer, actor, restaurant investor and clothing designer is reportedly interested in getting into the tequila business, according to Page Six. Timberlake recently stopped by a Mexican distillery, where he was caught on video sampling the goods.

"This was one of his many meetings over the last two years in development of his tequila business," his rep tells the newspaper.

METRO WORLD NEWS

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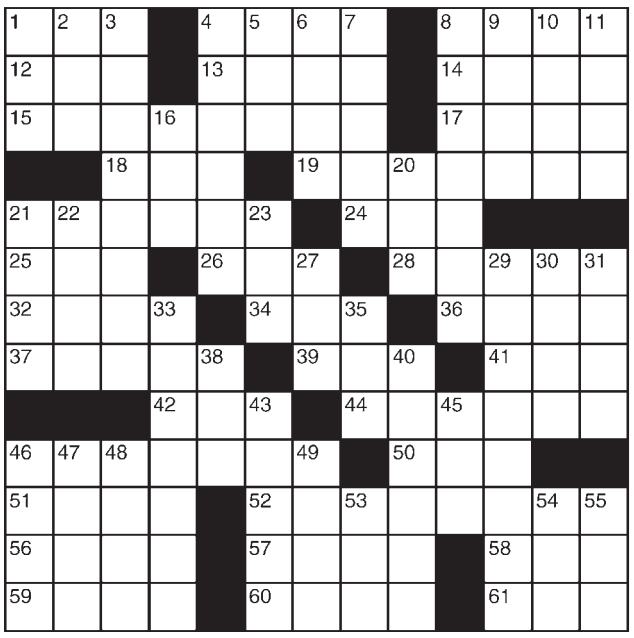

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	1			9		3	2	
	3			1	5		6	
	8	4	3			5		
1	4			5				
5	7		4		9		8	1
				3			7	5
		1			2	9	3	
	2		5	8			4	
	6	7		4			5	

Crossword across

1 Existed
4 A bit of a shock
8 Talon
12 Inventor Whitney
13 Do as you're told
14 Timber wolf
15 Crony
17 Oft-dunked treat
18 Preceding
19 Actress' cameo role, maybe
21 Poltroon
24 Seek restitution
25 Oklahoma city
26 Round Table address
28 Cunning
32 Wire measures
34 Sailor
36 Baby carriage
37 Tea type
39 Rose, at first
41 Eggs (Pref.)
42 Started
44 Cue
46 Piano note
50 Greek consonants
51 Pennsylvania port
52 Civil War general Ambrose
56 Teri of "Tootsie"
57 Verifiable
58 Pooch
59 Picnic invaders
60 Palmist, e.g.
61 Green, in a sense

Crossword down

1 Film director Craven
2 "The Greatest"
3 Pavement
4 Wags
5 Sapporo sash
6 Walesa of Poland
7 Youngsters
8 Seal
9 Traditional tales
10 First victim
11 58-Across' comment
16 Historic time
20 Bad hairpiece
21 Too theatrical
22 Garfield's pal
23 Investigate
27 Plagiarize
29 Burr role
30 Stromboli spillage
31 Jannings of silents
33 Joins with a lead-tin alloy
35 Clear the tables
38 Conger, for one
40 Word with jacket or theatre
43 Liabilities
45 Astronaut Grissom
46 Huge, in ads
47 Persia, now
48 Gossip
49 Remedy
53 Regret
54 "What's up, —?"
55 Swelled head

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A	I	D	■	G	U	A	M	■	T	A	F	T
P	S	I	■	U	R	G	E	■	O	G	R	E
E	L	S	■	F	L	E	E	T	W	O	O	D
D	E	C	A	F	■	■	K	I	N	■	■	■
■	■	■	F	A	R	R	■	P	I	V	O	T
S	H	E	R	W	O	O	D	■	E	I	R	E
H	E	X	■	S	U	M	O	S	■	N	E	E
A	R	A	B	■	E	A	S	T	W	O	O	D
D	E	M	O	N	■	N	E	A	R	■	■	■
■	■	■	W	A	S	■	■	R	Y	D	E	R
H	O	L	L	Y	W	O	O	D	■	E	A	U
E	R	I	E	■	A	R	N	O	■	A	S	S
N	E	E	D	■	P	O	E	M	■	L	E	T

5	9	6	1	4	2	3	7	8
1	7	8	5	6	3	4	2	9
2	4	3	8	9	7	5	1	6
6	5	9	2	3	4	1	8	7
4	8	2	6	7	1	9	3	5
7	3	1	9	8	5	6	4	2
3	2	5	7	1	9	8	6	4
9	6	4	3	2	8	7	5	1
8	1	7	4	5	6	2	9	3

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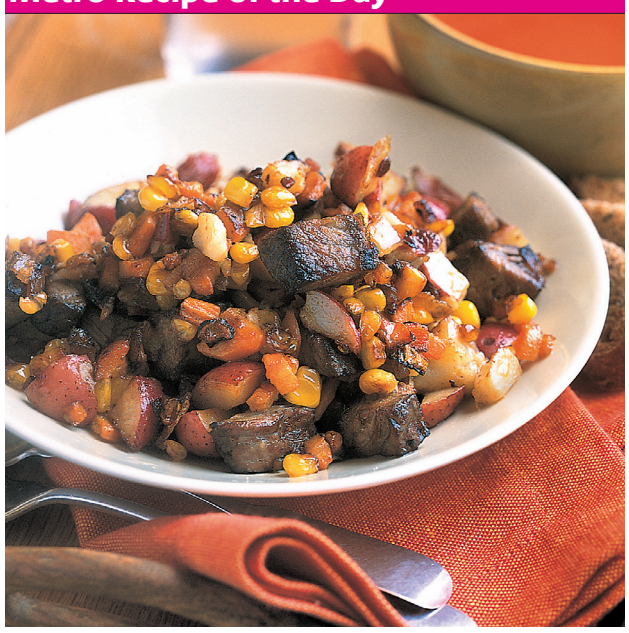
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day



Roast Beef Hash

INGREDIENTS:

1 lb (500 g) small red-skinned potatoes, cut into 1/4-in. (0.5 –cm) dice
2 carrots, quartered lengthwise and thinly sliced
1 tbsp (15 ml) plus 2 tsp (10 ml) olive oil
1 medium onion, finely chopped
2 garlic cloves, minced
1 1/4 cups (300 ml) frozen corn
3/4 tsp (4 ml) salt
1/4 tsp (6 ml) black pepper
6 oz (175 g) cooked roast beef, cut into 1/3-in. (1-cm) dice

METHOD:

1. Cook potatoes in medium pot of boiling water until almost tender, about 6 minutes. Add carrots and cook 2 minutes longer. Drain.
2. Spray large nonstick skillet with nonstick cooking spray. Add 1 tbsp (15 ml) oil and heat over medium-low heat. Add onion and garlic to skillet and cook, stirring frequently, until onion is golden brown, about 7 minutes.
3. Increase heat to medium-high. Add remaining 2 tsp (10 ml) oil. Add potatoes and carrots, corn, salt and black pepper. Cook, stirring occasionally, until mixture starts to form a crust, about 10 minutes.
4. Stir in beef and press down on mixture to help form a crust. Cook until crusty on bottom, about 5 minutes.

SERVES 4

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For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You've made an error in judgment. An executive doesn't speak your language. An odd couple talks about changing the world.

TAURUS
APRIL 21-MAY 21
Keep track of an amusing competition. Money can be earned the easy way. Make a grab at a big and risky chance.

GEMINI
MAY 22-JUNE 21
Cheer up by discussing the dating game. Remarkable pleasure creates a wild diversion. A flaky parent stumbles onto a solution.

CANCER
JUNE 22-JULY 22
A conversation eases the pain of unrequited love. An uncommon man shifts gears while debating. You will accomplish great things.

LEO
JULY 23-AUG 23
A prudish woman questions your preferences. A nearby object has a strange effect. A guilty person needs medical attention.

VIRGO
AUG 24-SEPT 22
A project is suspended by a worried person. The wrong guy is asked to make a job change. More adventures are coming soon.

LIBRA
SEPT 23-OCT 23
Spiteful feelings make for an uncomfortable meeting. Your strategy is a controversial topic. Controlling your feelings leads to wonderful news.

SCORPIO
OCT 24-NOV 22
A man has a chip on his shoulder. A friend faces a long-awaited response. Some errors are made in good faith.

SAGITTARIUS
NOV 23-DEC 21
A loved one's exhaustion will lift. A walk will do wonders for a caring person. Having second thoughts promises a fresh start.

CAPRICORN
DEC 22-JAN 20
The arrival of a risk-taking friend causes confusion. Whiny people will avoid doing chores. Helping someone out will bring you a windfall.

AQUARIUS
JAN 21-FEB 18
Exhilarating prospects are notable for their thrills. An angry man is forced to have some fun. Some secrets are revealed due to a scandal.

PISCES
FEB 19-MARCH 20
A man talks of a viable scheme. You'll get frustrated while on the phone. Be yielding but keep your mind clear.

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